

# FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL  
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hours per response... 1.0

- Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).  
 Form 3 Holdings Reported  
 Form 4 Transactions Reported

## ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * BROADY GEORGE K			2. Issuer Name and Ticker or Trading Symbol NATURAL HEALTH TRENDS CORP [NHTC]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director Officer (give title below) <input type="checkbox"/> 10% Owner Other (specify below)		
(Last)	(First)	(Middle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2010					
759 CANYON DRIVE			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Reporting (check applicable line) <input checked="" type="checkbox"/> Form Filed by One Reporting Person <input type="checkbox"/> Form Filed by More than One Reporting Person		
(Street) COPPELL,, TX 75019								
(City)	(State)	(Zip)	<b>Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned</b>					

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Amount	(A) or (D)	Price			
Common Stock	06/21/2010		P4	50,000	A	\$ 0.21	1,754,707	D	
Common Stock	06/21/2010		P4	10,000	A	\$ 0.22	1,764,707	D	
Common Stock	07/06/2010		P4	500	A	\$ 0.24	1,765,207	D	
Common Stock	07/26/2010		P4	7,300	A	\$ 0.24	1,772,507	D	
Common Stock	08/04/2010		P4	1,200	A	\$ 0.24	1,773,707	D	
Common Stock	10/21/2010		P4	5,000	A	\$ 0.07	1,778,707	D	
Common Stock	10/26/2010		P4	140	A	\$ 0.09	1,778,847	D	
Common Stock	11/08/2010		P4	20,243	A	\$ 0.09	1,799,090	D	
Common Stock	11/09/2010		P4	14,408	A	\$ 0.09	1,813,498	D	
Common Stock	11/11/2010		P4	5,000	A	\$ 0.09	1,818,498	D	
Common Stock	11/18/2010		P4	209	A	\$ 0.09	1,818,707	D	
Common Stock	11/23/2010		P4	20,263	A	\$ 0.09	1,838,970	D	
Common Stock	11/26/2010		P4	1,000	A	\$ 0.09	1,839,970	D	
Common Stock	11/29/2010		P4	2,900	A	\$ 0.09	1,842,870	D	
Common Stock	11/30/2010		P4	42	A	\$ 0.09	1,842,912	D	
Common Stock	12/06/2010		P4	2,000	A	\$ 0.09	1,844,912	D	
Common Stock	12/15/2010		P4	140	A	\$ 0.09	1,845,052	D	
Common Stock	12/16/2010		P4	156	A	\$ 0.09	1,845,208	D	
Common Stock	12/17/2010		P4	5,100	A	\$ 0.09	1,850,308	D	
Common Stock	12/20/2010		P4	10,915	A	\$ 0.09	1,861,223	D	

Common Stock	12/21/2010		P4	2,000	A	\$ 0.09	1,863,223	D	
Common Stock	12/21/2010		P4	2,000	A	\$ 0.09	1,865,223	D	
Common Stock	12/22/2010		P4	2,000	A	\$ 0.09	1,867,223	D	
Common Stock	12/23/2010		P4	5,000	A	\$ 0.1	1,872,223	D	
Common Stock	12/23/2010		P4	10,300	A	\$ 0.105	1,882,523	D	
Common Stock	12/23/2010		P4	13,500	A	\$ 0.11	1,896,023	D	
Common Stock	12/23/2010		P4	2,000	A	\$ 0.09	1,898,023	D	
Common Stock	12/27/2010		P4	5,000	A	\$ 0.115	1,903,023	D	
Common Stock	12/27/2010		P4	10,000	A	\$ 0.12	1,913,023	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned at End of Issuer's Fiscal Year (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date					

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
BROADY GEORGE K 759 CANYON DRIVE COPPELL,, TX 75019	X			

## Signatures

/s/ Gary C. Wallace by Power of Attorney		02/15/2011
<small>**Signature of Reporting Person</small>		<small>Date</small>

## Explanation of Responses:

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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