FORM 4

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BROADY GEORGE K				2. Issuer Name and Ticker or Trading Symbol NATURAL HEALTH TRENDS CORP [NHTC]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_ Director					
(Last) (First) (Middle) 751 CANYON DRIVE, SUITE 100				3. Date of Earliest Transaction (Month/Day/Year) 01/23/2015											
(Street) COPPELL, TX 75019				4. If Amendment, Date Original Filed(Month/Day/Year) 03/05/2015						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqui					ired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		(Instr. 8)		(A) or Disposed o		of (D)	Beneficia Reported	nt of Securities Illy Owned Following Transaction(s)		6. Ownership Form:	Beneficial	
				(Month/Day/Yea		Code	V	Amour	(A) or (D)	Price	(Instr. 3 a	3 and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock										752,845			D (1)	
Common Stock									575,298		I	See footnote (2)			
Reminder:	Report on a s	separate line fo		Derivative Secur	ities A	Acquire	Pers conta the fe	ons whained i	no respon n this for splays a	m are curre eficial	not requesting ntly valid	ction of inf uired to res OMB conf	spond unle	ess	2 1474 (9-02)
1. Title of	2	3. Transaction		e.g., puts, calls, v		nts, op					itle and	9 Price of	9. Number	of 10.	11. Nature
	Conversion or Exercise Price of Derivative Security		Execution Day Year) any	te, if Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Ame Und Secu	ount of lerlying urities tr. 3 and		Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owner Form of Deriva Securit Direct or India	ship of Indirect f Beneficial Ownership y: (D) rect	
				Code V	(A)	(D)	Date Exer	cisable	Expiration Date	n Title	Amount or Number of Shares				

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
BROADY GEORGE K 751 CANYON DRIVE, SUITE 100 COPPELL, TX 75019	X					

Signatures

/s/ George K. Broady	02/22/2016
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The numbers of shares beneficially owned by the Reporting Person were amended and a transaction from February 18, 2015 was removed due to previous filings incorrectly disclosing the allocation of ownership of shares between George K. Broady, the George K. Broady 2012 Irrevocable Trust and another family trust.
- (2) Through George K. Broady 2012 Irrevocable Trust, of which Mr. Broady is the trustee and a beneficiary.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.