| FORM 4 | ŀ |
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| Check this box if no |
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| longer subject to |
| Section 16. Form 4 or |
| Form 5 obligations |
| may continue. See |
| Instruction 1(b). |

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

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<u>0</u>2)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Responses) | | | | | | | | | | | |
|--|---|--------------------|--------------------|-------|---|---------------|---|--|-----------------------------------|---|--|
| 1. Name and Address of Reporting BROADY GEORGE K | 2. Issuer Name and Ticker or Trading Symbol NATURAL HEALTH TRENDS CORP [NHTC] | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner | | | | |
| (Last) (First) C/O NATURAL HEALTH TR CORP., 609 DEEP VALLEY 1 395 | 3. Date of Earliest Transaction (Month/Day/Year) 11/03/2015 | | | | | | Officer (give title below) | Other (specify b | elow) | | |
| (Street) ROLLING HILLS ESTATES, | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) (State) (Zip) Table I | | | | | vative Se | ecuritie | s Acqui | red, Disposed of, or Beneficially Owned | | | |
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | Execution Date, if | Code (Instr. 8) | ction | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | l of (D) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | Ownership of Indi Form: Benefi | 7. Nature of Indirect Beneficial Ownership | |
| | | (Wohth/Day/Tear) | Code | v | Amount | (A) or (D) | Price | (1150. 5 and 4) | or Indirect (I) (Instr. 4) | | |
| Common Stock | 11/03/2015 | | S | | 28,000 | D | \$ 51.88 | 2,880,423 | I | See footnote (1) | |
| Common Stock | 11/04/2015 | | S | | 4,841 | D | \$ 53.07 | 2,875,582 | I | See footnote (1) | |
| Common Stock | 11/05/2015 | | S | | 61,210 | D | \$ 51.16 | 2,814,372 | I | See footnote (1) | |
| Common Stock | | | | | | | | 599,057 <u>(1)</u> | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or

indirectly.
Persons who respond to the collection of information
contained in this form are not required to respond unless
the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

| | (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | |
|-------------|--|------------------|--------------------|------------|------|--------|----------|--------------|------------|--------|----------|-------------|----------------|-------------|-------------|
| 1. Title of | 2. | 3. Transaction | 3A. Deemed | 4. | 47 | 5. Nu | mber | 6. Date Exer | rcisable | 7. Ti | tle and | 8. Price of | 9. Number of | 10. | 11. Nature |
| Derivative | Conversion | Date | Execution Date, if | Transactio | on o | of | | and Expirati | on Date | Amo | unt of | Derivative | Derivative | Ownership | of Indirect |
| Security | or Exercise | (Month/Day/Year) | any | Code | Ι | Deriv | ative | (Month/Day | /Year) | Unde | erlying | Security | Securities | Form of | Beneficial |
| (Instr. 3) | Price of | | (Month/Day/Year) | (Instr. 8) | 5 | Secur | ities | | | Secu | rities | (Instr. 5) | Beneficially | Derivative | Ownership |
| | Derivative | | | | I | Acqui | ired | | | (Instr | r. 3 and | | Owned | Security: | (Instr. 4) |
| | Security | | | | (| (A) 01 | r | | | 4) | | | Following | Direct (D) | |
| | | | | | Ι | Dispo | sed | | | | | | Reported | or Indirect | |
| | | | | | | of (D) | <i>,</i> | | | | | | Transaction(s) | < / | |
| | | | | | | Instr. | · · · | | | | | | (Instr. 4) | (Instr. 4) | |
| | | | | | 4 | 4, and | 15) | | | | | | | | |
| | | | | | | | | | | | Amount | | | | |
| | | | | | | | | | | | or | | | | |
| | | | | | | | | | Expiration | Title | Number | | | | |
| | | | | | | | | Exercisable | Date | | of | | | | |
| | | | | Code | v | (A) | (D) | | | | Shares | | | | |
| | | | | Code | • | (11) | (D) | | | | | | | | |

Reporting Owners

| Describe Operation Name (Address | Relationships | | | | | | |
|---|---------------|-----------|---------|-------|--|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | | |
| BROADY GEORGE K C/O NATURAL HEALTH TRENDS CORP. 609 DEEP VALLEY DRIVE, SUITE 395 ROLLING HILLS ESTATES, CA 90274 | х | Х | | | | | |

Signatures

| /s/ Timothy S. Davidson by Power of Attorney | 11/05/2015 |
|--|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) It has come to the attention of the reporting person that prior filings have incorrectly disclosed the allocation of ownership of shares between George K. Broady, the George K. Broady 2012 Irrevocable Trust and another family trust. It is expected that appropriate correcting filings will be made in due course.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.