UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

> May 14, 2024 Date of Report (Date of earliest event reported)

NATURAL HEALTH TRENDS CORP.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation)

001-36849 (Commission File Number)

59-2705336 (IRS Employer Identification No.)

Units 1205-07, 12F, Mira Place Tower A, 132 Nathan Road, Tsimshatsui, Kowloon, Hong Kong (Address of principal executive offices, including zip code)

+852-3107-0800

(Registrant's telephone number, including area code)

ne appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see Instruction A.2. below):
Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)

☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Exchange Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, par value \$0.001 per share	NHTC	The NASDAQ Stock Market LLC

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2

of the Se	ecurities Exchange Act of 1934 (§240.12b-2 of this chapter).	(0	1 /
	Emerging growth company		
revised f	If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition per financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.	iod for complying wi	th any new or

Item 5.07 Submission of Matters to a Vote of Security Holders.

On May 14, 2024, the Company held its 2024 annual meeting of stockholders in Rowland Heights, California. At the annual meeting, there were 11,516,773 shares entitled to vote, and 8,841,238 shares (76.8%) were represented at the meeting in person or by proxy.

At the annual meeting, Yiu T. Chan, Randall A. Mason, Chris T. Sharng and Ching C. Wong were elected directors by a plurality of the votes.

Also at the annual meeting, the Company's stockholders approved, by advisory vote, the compensation of the Company's named executive officers; ratified the appointment of Marcum LLP as the Company's independent registered public accounting firm for the fiscal year ending December 31, 2024; and approved and adopted the amendment to the Company's certificate of incorporation to provide for the exculpation of certain of our officers, as permitted by recent amendments to the Delaware General Corporation Law.

The following summarizes the vote results for these matters submitted to the Company's stockholders for action at the annual meeting:

1. The election of the following persons to serve as directors of the Company until the next annual meeting of stockholders:

<u>Nominees</u>	<u>For</u>	Withheld	Broker Non-Votes
Yiu T. Chan	6,297,368	153,851	2,390,019
Randall A. Mason	6,297,418	153,801	2,390,019
Chris T. Sharng	6,414,982	36,237	2,390,019
Ching C. Wong	5,276,571	1,174,648	2,390,019

2. The proposal to approve, by advisory vote, the compensation of the Company's named executive officers:

Votes For	Votes Against	<u>Abstentions</u>	Broker Non-Votes
6,259,999	166,046	25,174	2,390,019

3. The proposal to ratify the appointment of Marcum LLP as the Company's independent registered public accounting firm for fiscal year ending December 31, 2024:

<u>Votes For</u>	Votes Against	Abstentions
8.755.344	63.174	22,720

4. The proposal to approve and adopt the amendment to the Company's certificate of incorporation to provide for the exculpation of certain of our officers, as permitted by recent amendments to the Delaware General Corporation Law:

<u>Votes For</u>	Votes Against	<u>Abstentions</u>	Broker Non-Votes
6,352,022	62,243	36,954	2,390,019

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: May 14, 2024

NATURAL HEALTH TRENDS CORP.

By: /s/ Timothy S. Davidson
Timothy S. Davidson
Senior Vice President and Chief Financial Officer