FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Type Responses)													
1. Name and Address of BROADY GEORGE	2. Issuer Name NATURAL HI						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner						
(Last) C/O NATURAL HEA CORP., 4514 COLE A		3. Date of Earlies 01/23/2015	t Transactio	on (M	onth/Day	/Year)		Officer (give title below)	Other (specify b	pelow)			
DALLAS, TX 75205	4. If Amendment	, Date Orig	inal F	iled(Month	n/Day/Yea	6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(State) (Zip)	Ta	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security	2. Transactio				1		5. Amount of Securities 6. 7. Nat						
(Instr. 3)	Date (Month/Day/	Execution Date, it	Code (Instr. 8)				1 of (D) 5)	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form: Direct (D)	of Indirect Beneficial Ownership			
			Code	V	Amount		Price		(Instr. 4)				
Common Stock	01/23/2015	;	D		5,000	D	\$ 12.51	3,247,289	D				
Common Stock	01/26/2015	i	D		5,000	D	\$ 12.75	3,242,289	D				
Common Stock	01/27/2015	i	D		5,000	D	\$ 12.6	3,237,289	D				
Common Stock	01/28/2015	i	D		5,000	D	\$ 12.4	3,232,289	D				
Common Stock	01/29/2015		D		5,000	D	\$ 12	3,227,289	D				
Common Stock	01/30/2015		D		5,000	D	\$ 11.7	3,222,289	D				
Common Stock	02/02/2015		D		5,000	D	\$ 12	3,217,289	D				
Common Stock	02/03/2015		D		5,000	D	\$ 12.2	3,212,289	D				
Common Stock	02/04/2015		D		5,000	D	\$ 11.95	3,207,289	D				
Common Stock	02/05/2015		D		5,000	D	\$ 11.35	3,202,289	D				
Common Stock	02/06/2015		D		5,000	D	\$ 10.5	3,197,289	D				
Common Stock	02/09/2015		D		5,000	D	\$ 10.85	3,192,289	D				
Common Stock	02/10/2015	;	D		5,000	D	\$ 10.95	3,187,289	D				
Common Stock	02/11/2015	;	D		5,000	D	\$ 11.04	3,182,298	D				
Common Stock	02/12/2015		D		5,000	D	\$ 10.9	3,177,289	D				
Common Stock	02/13/2015	;	D		5,000	D	\$ 11.7	3,172,289	D				
Common Stock	02/17/2015	;	D		5,000	D	\$ 12.15	3,167,289	D				
Common Stock	02/18/2015	;	D		5,000	D	\$ 12.15	3,162,289	D				
Common Stock	02/18/2015		G	V	2,500	D	\$ 0	3,159,789	D				
Common Stock	02/19/2015		D		1,817	D	\$ 13.2	3,157,972	D				
Common Stock								575,298	I	see footnote			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	Execution Date, if	Code		of		and Expiration Date (Month/Day/Year)		Amount of Underlying		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial
				Code V		A) (I		Exercisable	Expiration Date	Title	Amount or Number of Shares				

Reporting Owners

Describes Occurs Name (Addition	Relationships							
Reporting Owner Name / Address		10% Owner	Officer	Other				
BROADY GEORGE K								
C/O NATURAL HEALTH TRENDS CORP.	X	v						
4514 COLE AVE., SUITE 1400	Λ	Λ						
DALLAS, TX 75205								

Signatures

/s/ Timothy S. Davidson by Power of Attorney	03/05/2015
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Held through George K. Broady 2012 Irrevocable Trust, of which Mr. Broady is the trustee and a beneficiary.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.