FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).
instruction 1(0).

/D

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting Per BROADY GEORGE K	2. Issuer Name and Ticker or Trading Symbol NATURAL HEALTH TRENDS CORP [NHTC]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director _X_10% Owner			
(Last) (First) C/O NATURAL HEALTH TR CORP., 4514 COLE AVE., SU	3. Date of Earliest Transaction (Month/Day/Year) 11/14/2014						Officer (give title below)Ot	her (specify belo	ow)	
(Street) DALLAS, TX 75205	4. If Amendment, Date Original Filed(Month/Day/Year) 01/22/2015						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acqui					red, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	Date (Month/Day/Year)Execution Date, if anyCode (Instr. 8)(A) or Disposed of (D (Instr. 3, 4 and 5)				of (D)	5. Amount of Securities Beneficially     6.     7.       Owned Following Reported     Ownership of       Transaction(s)     Form:     B       (Instr. 3 and 4)     Direct (D)     O				
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	or Indirect (I) (Instr. 4)	1
Common Stock (1)	11/14/2014		D		29,750	D	\$12	3,288,179	D	
Common Stock (2)	11/18/2014		С		61,693	А	<u>(2)</u>	3,349,872	D	
Common Stock (1)	11/21/2014		D		26,656	D	\$ 12.1	3,323,216	D	
Common Stock (1)	12/03/2014		D		14,565	D	\$ 13.23	3,308,651	D	
Common Stock (1)	12/08/2014		D		18,298	D	\$ 13.71	3,290,353	D	
Common Stock (1)	12/15/2014		D		21,125	D	\$ 12.44	3,269,228	D	
Common Stock (1)	12/22/2014		D		9,553	D	\$ 11.95	3,259,675	D	
Common Stock (1)	01/16/2015		S		5,300	D	\$ 12.29	3,254,375	D	
Common Stock (1)	01/20/2015		S		4,800	D	\$ 12.47	3,249,575	D	
Common Stock (1)	01/20/2015		А		2,714	D	\$ 12.28	3,252,289	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (a.g., puts, calls, warrants, options, convertible securities)

(e.g., puts, cans, warrants, options, convertible securities)															
	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		Code	tion )	of I Sec Acc or I of (	Derivative urities Juired (A) Disposed D) tr. 3, 4,	, , , , , , , , , , , , , , , , , , , ,		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: (Direct (D) or Indirect	Beneficial		
				Code	v	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4) (Instr	(Instr. 4)	
Series A Convertible Stock <sup>(2)</sup>	<u>(2)</u>	11/18/2014		С			61,693	<u>(2)</u>	<u>(2)</u>	Common Stock	61,693	\$ 0	0	D	

## **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
BROADY GEORGE K C/O NATURAL HEALTH TRENDS CORP. 4514 COLE AVE., SUITE 1400 DALLAS, TX 75205	Х	Х					

# Signatures

/s/ Timothy S. Davidson by Power of Attorney	03/05/2015
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This row amended to reflect the correct Transaction Code (column 3) and/or the correct Amount of Securities Beneficially Owned Following Reported Transaction.
- This row added to reflect the conversion of Series A Convertible Preferred Stock into NHTC Common Stock on a 1-for-1 basis; the Series A Convertible Preferred Stock had no (2) expiration date. The Series A Convertible Preferred Stock was subject to mandatory conversion because the average closing price of NHTC Common Stock over a consecutive 6-month period equaled or exceeded \$10.00 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.