### UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

## FORM 8-K

# CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of report (Date of earliest event reported):	July 30, 2014	
	Natural Health Trends Corp.	
	(Exact Name of Registrant as Specified in Its Ch	arter)
Delaware	0-26272	59-2705336
(State or other jurisdiction	(Commission	(IRS Employer
of incorporation)	File Number)	Identification No.)
	4514 Cole Avenue, Suite 1400, Dallas, Texas 75	5205
(1	Address of Principal Executive Offices, including Z	
	(972) 241-4080	
	(Registrant's Telephone Number, Including Area	Code)
Check the appropriate box below if the any of the following provisions (see Ger	Form 8-K filing is intended to simultaneously saturated Instruction A.2. below):	isfy the filing obligation of the registrant under
☐ Written communications pursu	uant to Rule 425 under the Securities Act (17 CFR 2	230.425)
☐ Soliciting material pursuant to	Rule 14a-12 under the Exchange Act (17 CFR 240	.14a-12)
☐ Pre-commencement communic	cations pursuant to Rule 14d-2(b) under the Exchan	ge Act (17 CFR 240.14d-2(b))
☐ Pre-commencement communic	cations pursuant to Rule 13e-4(c) under the Exchange	ge Act (17 CFR 240.13e-4(c))

#### Item 2.02 Results of Operations and Financial Condition.

On July 30, 2014, Natural Health Trends Corp. issued an earnings release announcing its results for the quarter ended June 30, 2014. The press release is attached hereto as exhibit 99.1.

#### Item 9.01 Financial Statements and Exhibits.

- (d) Exhibits.
  - 99.1 Press Release of Natural Health Trends Corp. dated July 30, 2014

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: July 30, 2014

NATURAL HEALTH TRENDS CORP.

By: /s/ Timothy S. Davidson

Timothy S. Davidson Senior Vice President and Chief Financial Officer

#### **Company Contact**

Scott Davidson Chief Financial Officer Natural Health Trends Corp. Tel: 972-241-4080 scott.davidson@nhtglobal.com

#### **Investor Contact**

Brett Maas Managing Partner Hayden IR Tel: 646-536-7331 brett@haydenir.com

#### FOR IMMEDIATE RELEASE

## NHTC Reports Quarterly Revenue More Than Tripled to \$34.2 Million; \$0.49 in Diluted EPS; Dividend Increased

Year-to-Date Revenue Almost Tripled, Net Income Increased 671% Both Exceed Full Year 2013

**DALLAS, TX, July 30, 2014** -- Natural Health Trends Corp. (OTCQB: NHTC), a leading direct selling company that markets premium quality personal care, wellness and "quality of life" products under the NHT Global brand, today announced financial results for the quarter and six month periods ended June 30, 2014.

#### **Second Quarter Financial Highlights**

- Total revenues were \$34.2 million, up 223% compared to \$10.6 million in the second quarter last year.
- Operating income was \$6.2 million, up 551% compared to \$948,000 in the second quarter last year.
- Net income was \$6.1 million, or \$0.49 per diluted share, compared to \$904,000, or \$0.08 per diluted share, in the second quarter last year.

#### Year-to-Date Financial Highlights

- Year-to-date revenues were \$57.4 million, up 198% compared to \$19.2 million in the first six months last year.
- Operating income was \$9.3 million, up 649% compared to \$1.2 million in the first six months last year.
- Net income was \$9.2 million, or \$0.76 per diluted share, compared to net income of \$1.2 million, or \$0.11 per diluted share, in the first six months last year.

"This was another excellent quarter for Natural Health Trends," remarked Chris Sharng, President of Natural Health Trends Corp. "Orders taken during the second quarter were very strong. In addition, the quarter's financial results also benefited from delivering significant orders taken but unshipped in March, with shipments made during the second quarter."

"For the first six months of 2014, the Company generated more revenue and net income than it did for the entire 2013 year," added Mr. Sharng. "The strong results so far in 2014 clearly demonstrate that our efforts to enhance our leadership development and training programs, and expand our products, services and promotions, can effectively drive strong results. The result has been a more informed base of members, and this has translated to higher average sales per member. We have focused particularly on investments in China, Hong Kong and Taiwan, where we think we have the most promising opportunities. Our programs aim for long-term growth. We are very pleased with the recent performance but are more excited about what we can accomplish in the long run."

#### Dividend

Yesterday, the Board of Directors declared its third consecutive quarterly dividend. The declared dividend included a cash dividend of \$0.0274 per share on outstanding Series A preferred stock, which represents the accrued unpaid dividends through the declaration date, and a cash dividend of \$0.01 per share on common stock outstanding, totaling aggregate dividends of \$124,000, payable in cash on August 27, 2014 to stockholders of record on August 19, 2014.

#### **Shareholder Conference Call**

Management will conduct a conference call to discuss its second quarter financial results. Details of the call are as follows:

• Date: Wednesday, July 30, 2014

Time: 10 a.m. ET/9 a.m. CT

• Dial-in number: 1-888-503-8175 (domestic) 1-719-457-2689 (international)

• Webcast link: <a href="http://public.viavid.com/index.php?id=110242">http://public.viavid.com/index.php?id=110242</a>

A replay will be available from 1 p.m. ET on July 30 through 11:59 p.m. ET on August 6, by dialing 1-877-870-5176 (domestic) and 1-858-384-5517 (international) and referencing replay pin number 8591701.

#### About Natural Health Trends Corp.

Natural Health Trends Corp. is an international direct-selling and e-commerce company operating through its subsidiaries throughout Asia, North America, and Europe. The company markets premium quality personal care, wellness and "quality of life" products under the NHT Global brand. Additional information can be found on the company's website, www.naturalhealthtrendscorp.com.

#### Forward Looking Statement

Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995 -- Forward-looking statements in this release do not constitute guarantees of future performance. Such forward-looking statements are subject to risks and uncertainties that could cause our actual results to differ materially from those anticipated. Such risks and uncertainties include the risks and uncertainties detailed under the caption "Risk Factors" in our Annual Report on Form 10-K filed on March 7, 2014, with the Securities and Exchange Commission. We assume no obligation to update any forward-looking information contained in this press release or with respect to the announcements described herein.

-- Tables follow --

## NATURAL HEALTH TRENDS CORP.

# CONSOLIDATED BALANCE SHEETS (In Thousands, Except Share Data)

ASSETS		~~~	
ASSETS		(Ur	naudited)
1100110			
Current assets:			
Cash and cash equivalents	\$ 14,550	\$	29,622
Accounts receivable	134		109
Inventories, net	1,828		4,321
Other current assets	 658		754
Total current assets	17,170		34,806
Property and equipment, net	265		305
Goodwill	1,764		1,764
Restricted cash	328		340
Other assets	 300		323
Total assets	\$ 19,827	\$	37,538
LIABILITIES AND STOCKHOLDERS' EQUITY			
Current liabilities:			
Accounts payable	\$ 3,058	\$	4,641
Income taxes payable	25		111
Accrued distributor commissions	3,962		5,224
Other accrued expenses	3,146		5,599
Deferred revenue	2,569		3,171
Deferred tax liability	108		108
Other current liabilities	882		1,030
Total current liabilities	13,750		19,884
Commitments and contingencies			
Stockholders' equity:			
Preferred stock	111		82
Common stock	11		12
Additional paid-in capital	80,655		83,284
Accumulated deficit	(74,619)		(65,658)
Accumulated other comprehensive loss:			
Foreign currency translation adjustments	(81)		(66)
Total stockholders' equity	6,077		17,654
Total liabilities and stockholders' equity	\$ 19,827	\$	37,538

## NATURAL HEALTH TRENDS CORP.

# CONSOLIDATED STATEMENTS OF OPERATIONS (UNAUDITED) (In Thousands, Except Per Share Data)

	Three Months Ended Jun		June 30,	Six Months Ended June 30				
		2013		2014		2013		2014
Net sales	\$	10,598	\$	34,189	\$	19,249	\$	57,351
Cost of sales		2,570		7,509		4,798		12,761
Gross profit		8,028		26,680		14,451		44,590
Operating expenses:								
Distributor commissions		4,443		15,458		8,117		25,881
Selling, general and administrative expenses		2,609		5,031		5,054		9,378
Depreciation and amortization		28		23		40		44
Total operating expenses		7,080		20,512		13,211		35,303
Income from operations		948		6,168		1,240		9,287
Other income (expense), net		(28)		1		(21)		(8)
Income before income taxes		920		6,169		1,219		9,279
Income tax provision		16		59		28		98
Net income		904		6,110		1,191		9,181
Preferred stock dividends		(4)		(3)		(8)		(7)
Net income available to common stockholders	\$	900	\$	6,107	\$	1,183	\$	9,174
Income per common share:								
Basic	\$	0.08	\$	0.51	\$	0.11	\$	0.78
Diluted	\$	0.08	\$	0.49	\$	0.11	\$	0.76
Weighted-average number of common shares outstanding:								
Basic		11,131		11,821		11,100		11,592
Diluted		11,269		12,305		11,265		12,050
Cash dividends declared per share:								
Common	\$	_	\$	0.005	\$	_	\$	0.010
Series A preferred stock	\$	_	\$	0.020	\$	-	\$	0.835

### NATURAL HEALTH TRENDS CORP.

# CONSOLIDATED STATEMENTS OF CASH FLOWS (UNAUDITED) (In Thousands)

	S	Six Months Ended June 30,			
		2014			
CASH FLOWS FROM OPERATING ACTIVITIES:					
Net income	\$	1,191	\$ 9,181		
Adjustments to reconcile net income to net cash provided by operating activities:		, -	, , , ,		
Depreciation and amortization		40	44		
Stock-based compensation		53	34		
Changes in assets and liabilities:					
Accounts receivable		(60)	24		
Inventories, net		(183)	(2,502		
Other current assets		110	(104		
Other assets		(1)	(16		
Accounts payable		242	1,586		
Income taxes payable		28	86		
Accrued distributor commissions		483	1,268		
Other accrued expenses		382	2,466		
Deferred revenue		297	606		
Other current liabilities		(4)	152		
Net cash provided by operating activities		2,578	12,825		
CASH FLOWS FROM INVESTING ACTIVITIES:					
Purchases of property and equipment, net		(57)	(97		
Net cash used in investing activities		(57)	(97		
CASH FLOWS FROM FINANCING ACTIVITIES:					
Proceeds from exercise of warrants		_	2,630		
Dividends paid		_	(195		
Repurchase of common stock		(21)	(63		
Net cash provided by (used in) financing activities		(21)	2,372		
Effect of exchange rates on cash and cash equivalents		(12)	(28		
Net increase in cash and cash equivalents		2,488	15,072		
CASH AND CASH EQUIVALENTS, beginning of period		4,207	14,550		
CASH AND CASH EQUIVALENTS, end of period	\$	6,695	\$ 29,622		