UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): August 6, 2013

Natural Health Trends Corp. (Exact Name of Registrant as Specified in Its Charter)

Delaware

(State or Other Jurisdiction of Incorporation)

0-26272	59-2705336				
(Commission File Number)	(IRS Employer Identification No.)				
4514 Cole Avenue, Suite 1400, Dallas, Texas	75205				
(Address of Principal Executive Offices)	(Zip Code)				
(972) 241-4080					

(Registrant's Telephone Number, Including Area Code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02. Results of Operations and Financial Condition

On August 6, 2013, Natural Health Trends Corp. issued an earnings release announcing its results for the quarter ended June 30, 2013. The press release is attached hereto as exhibit 99.1.

Item 9.01. Financial Statements and Exhibits

Press Release of Natural Health Trends Corp. dated August 6, 2013.

(a) Financial statements:

None

- (b) Pro forma financial information: None
- (c) Shell company transactions: None

(d) Exhibits

99.1 Press Release of Natural Health Trends Corp. dated August 6, 2013

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: August 6, 2013

NATURAL HEALTH TRENDS CORP.

By: /s/ Gary C. Wallace

Gary C. Wallace General Counsel Company Contact Scott Davidson Chief Financial Officer Natural Health Trends Corp. Tel: 972-241-4080 scott.davidson@nthglobal.com

For Immediate Release

Investor Contact Brett Maas Managing Partner Hayden IR Tel: 646-536-7331 brett@haydenir.com

Natural Health Trends Reports Second Quarter 2013 Financial Results

Operating and Net Income Increased 7% Over Last Year

DALLAS, TX, August 6, 2013 -- <u>Natural Health Trends Corp.</u> (OTCQB: NHTC), a leading direct selling company that markets premium quality personal care, wellness and "quality of life" products under the <u>NHT Global brand</u>, today announced financial results for the quarter and six months ended June 30, 2013.

Second Quarter Financial Highlights

- Total revenues were \$10.6 million compared to \$11.0 million in the second quarter last year, and up sequentially from the \$8.7 million in the first quarter. This was the second consecutive sequential quarterly increase in revenues. The year-over-year decrease in revenues for the second quarter reflects a change in the Company's promotional plans, which deploy a full-year cash incentive this year, while last year's comparable campaign ended at the end of June. Additionally, a price increase in Hong Kong for Premium Noni Juice[™] may have accelerated orders into the second quarter last year.
- Operating income was \$948,000, an increase of 7% compared to \$889,000 last year.
- Net income was \$904,000, or \$0.08 per diluted share, compared to \$846,000, or \$0.08 per diluted share last year.
- Cash and cash equivalents increased to \$6.7 million as of June 30, 2013 from \$4.2 million at December 31, 2012.
- Net working capital turned positive for the first time since early 2007.

Year-to-Date Financial Highlights

- Total revenues for the six months ended June 30, 2013 were \$19.2 million compared to \$20.1 million in the same period last year.
- Operating income for the first six months was \$1.2 million compared to \$1.4 million in the same period last year.
- Year-to-date net income was \$1.2 million, or \$0.11 per diluted share, compared to \$1.4 million, or \$0.12 per diluted share in the same period last year.

"We are excited to have kept pace with an exceptional first half of 2012, which was a huge 62% increase over 2011, and we have delivered multiple consecutive quarters of sequential revenue increases," said Chris Sharng, President of Natural Health Trends Corp. "We are well positioned to deliver a strong second-half of the year."

Operational Highlights

- The Company continued to make numerous launches of new products:
 - o TriotienTM and HerBalanceTM at the April Russia event
 - o Floraeda Hydrating Primer[™], all natural and organic skin care line primer, in China in May
 - o Single-serve, 2 oz. travel/sample size Premium Noni™ foil pouch in Hong Kong in June
 - o LivaPro[™] in our herbal product line at the July Hong Kong event
 - Our busy promotional events around the world included:
 - o Introduction of the Personal Consumption Program at the April St. Petersburg, Russia event
 - o A multi-city European incentive trip for Hong Kong qualifiers, visiting Paris, London, Brussels and Amsterdam in May
 - o This year's first Fly High training event in Yunnan, China in May
 - o A well-attended Hong Kong Success Forum in early July

"We continue to place great emphasis on our product offering, rolling out new products and supporting our existing lines," Mr. Sharng continued. "This quarter we were pleased to announce exclusive multi-level marketing distribution rights for one of our top selling products, Alura by NHT Global. The exclusive arrangement states that we are the sole organization in our industry with the right to offer Alura's proprietary, patented formula under any brand name. To support this announcement to the field, Dr. Ronald J. Thompson will be a featured guest at many of our upcoming events and trainings held in our markets around the world. These activities, and the many others we have planned for the remainder of the year, provide avenues for member growth, opportunities for learning and sharing, and give our established leaders tools they need to succeed."

Shareholder Conference Call

Management will conduct a conference call to discuss its financial results for the period ended June 30, 2013.

Details of the call are as follows:

- Date: Tuesday, August 6, 2013
- Time: 4:30 p.m. ET/3:30 p.m. CT
- Dial-in number: 1-877-941-1428 (domestic) 1-480-629-9665 (international)
- Webcast link: http://public.viavid.com/index.php?id=105577

A replay will be available from 7:30 p.m. ET on August 6 through 11:59 p.m. ET on August 13, by dialing 1-877-870-5176 (domestic) and 1-858-384-5517 (international) and referencing replay pin number 4633616.

About Natural Health Trends Corp.

Natural Health Trends Corp. is an international direct-selling and e-commerce company operating through its subsidiaries throughout Asia, North America, and Europe. The company markets premium quality personal care, wellness and "quality of life" products under the NHT Global brand. Additional information can be found on the company's website, .

Forward Looking Statement

Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995 -- Forward-looking statements in this release do not constitute guarantees of future performance. Such forward-looking statements are subject to risks and uncertainties that could cause our actual results to differ materially from those anticipated. Such risks and uncertainties include the risks and uncertainties detailed under the caption "Risk Factors" in our Annual Report on Form 10-K filed on March 12, 2013, with the Securities and Exchange Commission. We assume no obligation to update any forward-looking information contained in this press release or with respect to the announcements described herein.

-- Tables follow --

NATURAL HEALTH TRENDS CORP.

CONSOLIDATED BALANCE SHEETS (In Thousands, Except Share Data)

	December 31, 2012		June 30, 2013		
		(Uı	naudited)		
ASSETS					
Current assets:					
Cash and cash equivalents	\$ 4,207	\$	6,695		
Accounts receivable	122		172		
Inventories, net	867		1,031		
Other current assets	 641		515		
Total current assets	5,837		8,413		
Property and equipment, net	121		136		
Goodwill	1,764		1,764		
Restricted cash	239		223		
Other assets	 258		249		
Total assets	\$ 8,219	\$	10,785		
LIABILITIES AND STOCKHOLDERS' EQUITY					
Current liabilities:					
Accounts payable	\$ 1,385	\$	1,626		
Income taxes payable	10		37		
Accrued distributor commissions	1,308		1,768		
Other accrued expenses	1,688		2,057		
Deferred revenue	836		1,120		
Deferred tax liability	92		92		
Other current liabilities	 991		979		
Total current liabilities	6,310		7,679		
Commitments and contingencies					
Stockholders' equity:					
Preferred stock	124		111		
Common stock	11		11		
Additional paid-in capital	80,584		80,629		
Accumulated deficit	(78,708)		(77,517)		
Accumulated other comprehensive loss:					
Foreign currency translation adjustments	(102)		(128)		
Total stockholders' equity	1,909		3,106		
Total liabilities and stockholders' equity	\$ 8,219	\$	10,785		

NATURAL HEALTH TRENDS CORP.

CONSOLIDATED STATEMENTS OF OPERATIONS (UNAUDITED) (In Thousands, Except Per Share Data)

	Three Months Ended June 30,			Six Months Ended June 30,				
		2012		2013		2012		2013
Net sales	\$	10.020	\$	10 509	\$	20.070	\$	10 240
Cost of sales	Э	10,980 2,884	Ф	10,598 2,570	Ф	20,070 5,283	Ф	19,249 4,798
Gross profit		8,096						
Operating expenses:		8,090		8,028		14,787		14,451
Distributor commissions		4,886		4,443		8,577		8,117
Selling, general and administrative		2,313		2,609		4,750		5,054
Depreciation and amortization		2,515		2,009		20		40
Total operating expenses		7,207		7,080	-	13,347		13,211
Income from operations		889	·	948		1,440		1,240
Other income (expense), net		2		(28)		(61)		(21)
Income before income taxes		891		920		1,379		1,219
Income tax provision		45		16		26		28
Net income		846		904		1,353		1,191
Preferred stock dividends		(4)		(4)		(8)		(8)
Net income available to common stockholders	\$	842	\$	900	\$	1,345	\$	1,183
Income per share – basic and diluted	\$	0.08	\$	0.08	\$	0.12	\$	0.11
Weighted-average number of shares outstanding:								
Basic		10,919		11,131		10,891		11,100
Diluted		11,219		11,269		11,208		11,265

NATURAL HEALTH TRENDS CORP.

CONSOLIDATED STATEMENTS OF CASH FLOWS (UNAUDITED)

(In Thousands)

	Six	Six Months Ended June 30,				
	20	2012				
CASH FLOWS FROM OPERATING ACTIVITIES:						
Net income	\$	1,353 \$	1,191			
Adjustments to reconcile net income to net cash provided by operating activities:		,				
Depreciation and amortization		20	40			
Stock-based compensation		40	53			
Changes in assets and liabilities:						
Accounts receivable		(118)	(60)			
Inventories, net		(170)	(183)			
Other current assets		(97)	110			
Other assets		(6)	(1)			
Accounts payable		271	242			
Income taxes payable		55	28			
Accrued distributor commissions		347	483			
Other accrued expenses		278	382			
Deferred revenue		661	297			
Other current liabilities		(48)	(4)			
Net cash provided by operating activities		2,586	2,578			
CASH FLOWS FROM INVESTING ACTIVITIES:						
Purchases of property and equipment, net		(65)	(57)			
Decrease in restricted cash		494	-			
Net cash provided by (used in) investing activities		429	(57)			
CASH FLOWS FROM FINANCING ACTIVITIES						
Repurchase of common stock		_	(21)			
Net cash used in financing activities			(21)			
Effect of exchange rates on cash and cash equivalents		5	(12)			
Net increase in cash and cash equivalents		3,020	2,488			
CASH AND CASH EQUIVALENTS, beginning of period		1,617	4,207			
CASH AND CASH EQUIVALENTS, end of period	\$	4,637 \$	6,695			

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