## UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

### FORM 8-K

## CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): November 13, 2012

 Natural Health Tre	ends Corp.
 (Exact Name of Registrant as S	pecified in Its Charter)
 Delawar	e
(State or Other Jurisdiction	of Incorporation)
0-26272	59-2705336
 (Commission File Number)	(IRS Employer Identification No.)
4514 Cole Avenue, Suite 1400, Dallas, Texas	75205
(Address of Principal Executive Offices)	(Zip Code)
 (972) 241-4	080
 (Registrant's Telephone Numbe	r, Including Area Code)
ck the appropriate box below if the Form 8-K filing is intended to sim following provisions ( <i>see</i> General Instruction A.2. below):	ultaneously satisfy the filing obligation of the registrant under any of
Written communications pursuant to Rule 425 under the Securities A	Act (17 CFR 230.425)
Soliciting material pursuant to Rule 14a-12 under the Exchange Act	(17 CFR 240.14a-12)
Pre-commencement communications pursuant to Rule 14d-2(b) und	er the Exchange Act (17 CFR 240.14d-2(b))
Pre-commencement communications pursuant to Rule 13e-4(c) under	er the Exchange Act (17 CFR 240.13e-4(c))

#### Item 2.02. Results of Operations and Financial Condition

On November 13, 2012, Natural Health Trends Corp. issued an earnings release announcing its results for the quarter ended September 30, 2012. The press release is attached hereto as exhibit 99.1.

#### Item 9.01. Financial Statements and Exhibits

Press Release of Natural Health Trends Corp. dated November 13, 2012.

(a) Financial statements:

None

(b) Pro forma financial information:

None

(c) Shell company transactions:

None

(d) Exhibits

99.1 Press Release of Natural Health Trends Corp. dated November 13, 2012

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

NATURAL HEALTH TRENDS CORP.

Date: November 13, 2012 By: /s/ Gary C. Wallace

Gary C. Wallace General Counsel **Company Contact** 

Scott Davidson Chief Financial Officer Natural Health Trends Corp. Tel: 972-241-4080 scott.davidson@nthglobal.com **Investor Contact** 

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#### For Immediate Release

#### Natural Health Trends Reports Third Quarter and Year-to-Date Financial Results

Sixth Consecutive Quarter of Profitability

Year-to-Date Revenues Increased 28.1% and Operating Income Increased 48.5%

DALLAS, TX, November 13, 2012 -- <u>Natural Health Trends Corp.</u> (OTCQB: NHTC), a leading direct selling company that markets premium quality personal care, wellness and "quality of life" products under the <u>NHT Global brand</u>, today announced financial results for the third quarter and nine month period ended September 30, 2012.

#### Third Quarter Financial Highlights

- Total revenues were \$9.3 million compared to \$10.6 million for the same period in 2011, a decrease of 11.6%. The decrease in revenues for the third quarter reflects the promotional event during 2011 related to the Company's 10-year anniversary celebration in Hong Kong, which did not benefit 2012.
  - o Sales in Hong Kong decreased 20.5% compared to last year, primarily due to last year's major promotion.
  - o Net sales outside of Hong Kong increased 23.9%, primarily due to sales in the Russian market.
- · Gross profit was \$6.9 million compared to \$8.0 million last year.
- · Gross profit margin was 74.5% compared to 76.0% last year.
- Operating income was \$789,000 compared to \$1.2 million last year.
- · Net income attributable to common stockholders of Natural Health Trends was \$743,000, or \$0.07 per basic and diluted share, compared to net income of \$1.6 million, or \$0.15 per basic and diluted share last year.
- · Cash and cash equivalents increased to \$3.7 million as of September 31, 2012 from \$1.6 million as of December 31, 2011.

#### Year-to-Date Financial Highlights

- · Net sales for the nine months ended September 30, 2012 were up \$6.5 million, or 28.1%, to \$29.4 million from \$22.9 million in the same period last year. Year-to-date (nine month) revenues are 94.4% of the full-year (12 month) revenue from the year ended December 31, 2011.
  - o Sales in Hong Kong increased 35.3% compared to the prior-year nine month period.
  - o Net sales outside of Hong Kong increased 13.3%, primarily due to sales in the Russian market.
- Year-to-date gross profit increased 28.6% to \$21.7 million from \$16.9 million in the same period last year.
- · Year-to-date gross profit margin was 73.9% compared to 73.7% in the first nine months of last year.
- Year-to-date operating income increased 48.5% to \$2.2 million from \$1.5 million in the same period last year. Nine month operating income this year exceeds 12 month operating income of \$1.8 million for all of last year.
- Year-to-date net income attributable to common stockholders of Natural Health Trends increased 14.9% to \$2.1 million from \$1.8 million in the same period last year.

"We are pleased with the progress and growth we've experienced in 2012 and attribute the success to several factors, mainly our strong field leadership, systemic training initiatives, rewarding incentive and promotional planning and high-quality product offering," said Chris Sharng, President of Natural Health Trends Corp. "Through nine months our revenue is nearly 95% of the full-year revenue for last year, and we have already exceeded operating income for all of last year."

#### **Operational Highlights**

- The Company continued to evolve and enhance its technology platform integrating a unique loyalty program called the Personal Consumption Program. Members earn points for product purchases, attending trainings and events and reaching business milestones. These accumulated points can be used toward future product purchases or for gifting to team members.
- The Company introduced a new product, HerBalance, in July and readies another, Soothe, for Hong Kong and Russia in the fourth quarter. HerBalance is a daily supplement to help alleviate women's pre- and post-menopausal symptoms while supporting healthier blood circulation. Soothe is an all-over super hydrating body moisturizer ideal for extreme weather conditions.
- The Company continued to roll out its systemic training initiatives in Hong Kong, Taiwan and Russia. These multi-faceted trainings support enhanced product knowledge, business fundamentals for success and leadership training.
- · Incentive trips brought our members to Hawaii, Dubai and Las Vegas, among other locations just this year.

#### Financial Results for the Three Months Ended September 30, 2012

Total revenues for the three months ended September 30, 2012 were \$9.3 million compared to \$10.6 million for the same period in 2011, a decrease of 11.6%. The decrease in revenues for the third quarter reflects the impact of a significant, non-recurring promotional event during 2011 related to the Company's 10-year anniversary celebration in Hong Kong. This promotion resulted in revenue increases, and did not reoccur in 2012. Gross profit was \$6.9 million, or 74.5% of net sales, compared to \$8.0 million, or 76.0%, in the same period last year. Total expenses for the three months ended September 30, 2012 were \$6.2 million, down 9.4%, compared to \$6.8 million in the comparable period of 2011. The decrease in operating expenses relates to costs associated with the 10-year anniversary event in 2011, which did not re-occur in 2012.

Operating income for the quarter was \$789,000 compared to operating income of \$1.2 million in the third quarter of 2011. Net income attributable to common stockholders of Natural Health Trends was \$743,000, or \$0.07 per basic and diluted share compared to net income of \$1.6 million, or \$0.15 per basic and diluted share in the same period of 2011.

#### Financial Results for the Nine Months Ended September 30, 2012

Total revenues for the nine months ended September 30, 2012 were \$29.4 million compared to \$22.9 million for the same period in 2011, an increase of 28.1%. Hong Kong net sales increased 35.3% over the comparable period last year primarily due to renewed focus on training as well as new incentive programs launched at the beginning of the year surrounding the Company's recognition program. Net sales outside of Hong Kong increased 13.3%, primarily due to incentive trip programs that occurred in Russia throughout the first nine months of 2012, as well as the introduction of new product promotions in Russia and North America during late 2011. The North American market also benefited from increased orders received from members located in Kazakhstan and Ukraine.

Gross profit for the nine months ended September 30, 2012 increased 28.6% to \$21.7 million, or 73.9% of net sales, from \$16.9 million, or 73.7%, in the same period last year. Total expenses for the nine months ended September 30, 2012 were \$19.5 million compared to \$15.4 million in the comparable period of 2011.

Operating income for the nine months ended September 30, 2012 was \$2.2 million compared to operating income of \$1.5 million in the comparable period in 2011. Net income attributable to common stockholders of Natural Health Trends was \$2.1 million, or \$0.19 per basic and diluted share, compared to net income of \$1.8 million, or \$0.17 per basic and diluted share in the same period of 2011.

#### **Balance Sheet**

Stockholders' equity was \$1.4 million as of September 30, 2012 compared to a deficit of \$809,000 as of December 31, 2011. The Company had \$3.7 million in cash compared to \$1.6 million as of December 31, 2011, and no long-term debt.

#### **Shareholder Conference Call**

Management will conduct a conference call to discuss its third quarter and year-to-date financial results for the period ended September 30, 2012.

Details of the call are as follows:

Date: Tuesday, November 13, 2012

· Time: 4:30 p.m. ET/3:30 p.m. CT

· Dial-in number: 1-877-941-1427 (domestic) 1-480-629-9664 (international)

· Webcast link: http://public.viavid.com/index.php?id=102347

A replay will be available from 7:30 p.m. ET on November 13 through 11:59 p.m. ET on November 20, by dialing 1-877-870-5176 (domestic) and 1-858-384-5517 (international) and referencing replay pin number 4573019.

#### About Natural Health Trends Corp.

Natural Health Trends Corp. is an international direct-selling and e-commerce company operating through its subsidiaries throughout Asia, North America, and Europe. The company markets premium quality personal care, wellness and "quality of life" products under the NHT Global brand. Additional information can be found on the company's website, <a href="www.naturalhealthtrendscorp.com">www.naturalhealthtrendscorp.com</a>.

### **Forward Looking Statement**

Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995 -- Forward-looking statements in this release do not constitute guarantees of future performance. Such forward-looking statements are subject to risks and uncertainties that could cause our actual results to differ materially from those anticipated. Such risks and uncertainties include the risks and uncertainties detailed under the caption "Risk Factors" in our Annual Report on Form 10-K filed on March 27, 2012, with the Securities and Exchange Commission. We assume no obligation to update any forward-looking information contained in this press release or with respect to the announcements described herein.

-- Tables follow --

## NATURAL HEALTH TRENDS CORP.

# CONSOLIDATED BALANCE SHEETS (In Thousands, Except Share Data)

	Dec	December 31, 2011		September 30, 2012	
			(Ur	naudited)	
ASSETS					
Current assets:					
Cash and cash equivalents	\$	1,617	\$	3,651	
Restricted cash		494		_	
Accounts receivable		93		166	
Inventories, net		1,089		1,261	
Other current assets		537		446	
Total current assets		3,830		5,524	
Property and equipment, net		68		129	
Goodwill		1,764		1,764	
Restricted cash		220		231	
Other assets		241		252	
Total assets	\$	6,123	\$	7,900	
LIABILITIES AND STOCKHOLDERS' EQUITY (DEFICIT)					
Current liabilities:					
Accounts payable	\$	2,208	\$	1,795	
Income taxes payable		11		79	
Accrued distributor commissions		1,177		1,293	
Other accrued expenses		1,471		1,531	
Deferred revenue		967		768	
Deferred tax liability		148		148	
Other current liabilities		950		896	
Total current liabilities		6,932		6,510	
Commitments and contingencies					
Stockholders' equity (deficit):					
Preferred stock, \$0.001 par value; 5,000,000 shares authorized; 1,761,900 shares designated					
Series A convertible preferred stock, 138,400 shares issued and outstanding at December					
31, 2011 and September 30, 2012, aggregate liquidation value of \$324		124		124	
Common stock, \$0.001 par value; 50,000,000 shares authorized; 11,326,323 shares issued and	1				
outstanding at December 31, 2011 and September 30, 2012		11		11	
Additional paid-in capital		80,493		80,553	
Accumulated deficit		(81,338)		(79,238)	
Accumulated other comprehensive loss:				( , )	
Foreign currency translation adjustments		(99)		(60)	
Total stockholders' equity (deficit)		(809)		1,390	
* * · ·		( )		<i>y</i>	

## NATURAL HEALTH TRENDS CORP.

# CONSOLIDATED STATEMENTS OF OPERATIONS (UNAUDITED) (In Thousands, Except Per Share Data)

	Three Months Ended September 30,			Nine Months Ended September 30,				
		2011		2012		2011		2012
Net sales	\$	10,562	\$	9,333	\$	22,945	\$	29,403
Cost of sales		2,536		2,384		6,042		7,667
Gross profit		8,026		6,949		16,903		21,736
Operating expenses:								
Distributor commissions		4,166		3,897		8,642		12,474
Selling, general and administrative expenses (including stock- based compensation expense of \$22 and \$20 during the three months ended September 30, 2011 and 2012, respectively, and \$57 and \$60 during the nine months ended September								
30, 2011 and 2012, respectively)		2,613		2,255		6,479		7,005
Depreciation and amortization		23		8		281		28
Total operating expenses		6,802		6,160		15,402		19,507
Income from operations		1,224		789		1,501		2,229
Other income (expense), net		425		(27)		356		(88)
Income before income taxes		1,649		762		1,857		2,141
Income tax provision		16		15		36		41
Net income		1,633		747		1,821		2,100
Plus: Net loss attributable to the noncontrolling interest		_		_		9		_
Net income attributable to Natural Health Trends		1,633		747		1,830		2,100
Preferred stock dividends		(4)		(4)		(12)		(12)
Net income attributable to common stockholders of Natural Health Trends	\$	1,629	\$	743	\$	1,818	\$	2,088
Income per share of Natural Health Trends – basic and diluted	\$	0.15	\$	0.07	\$	0.17	\$	0.19
Weighted-average number of shares outstanding:								
Basic		10,732		10,970		10,669		10,918
Diluted		10,898		11,232	_	10,699		11,225

#### NATURAL HEALTH TRENDS CORP.

## CONSOLIDATED STATEMENTS OF CASH FLOWS (UNAUDITED) (In Thousands)

Nine Months Ended September 30, 2011 2012 CASH FLOWS FROM OPERATING ACTIVITIES: \$ 2,100 Net income 1,821 \$ Adjustments to reconcile net income to net cash provided by operating activities: Depreciation and amortization of property and equipment 81 28 Amortization of intangibles 200 Stock-based compensation 57 60 Deferred income taxes (1) Changes in assets and liabilities: Accounts receivable 12 (69)Inventories, net (362)(163)Other current assets 72 93 Other assets 170 (4) Accounts payable (416)(661)Income taxes payable (15)68 Accrued distributor commissions 318 108 Other accrued expenses (706)51 Deferred revenue 418 (205)Other current liabilities 33 (56)Net cash provided by operating activities 1,437 1,595 CASH FLOWS FROM INVESTING ACTIVITIES: Purchases of property and equipment, net (7) (88)Decrease (increase) in restricted cash 493 (72)Net cash provided by (used in) investing activities 405 (79)CASH FLOWS FROM FINANCING ACTIVITIES Advance from related party 233 Repayment to related party (114)Net cash provided by financing activities 119 Effect of exchange rates on cash and cash equivalents (398)34 Net increase in cash and cash equivalents 1,079 2,034

1,617

3,651

1,727

CASH AND CASH EQUIVALENTS, beginning of period

CASH AND CASH EQUIVALENTS, end of period