UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): May 10, 2012

	Natural Health Trea	nds Corp.							
	(Exact Name of Registrant as S	pecified in Its Charter)							
	Delawar	e							
	(State or Other Jurisdiction of Incorporation)								
	0-26272	59-2705336							
	(Commission File Number)	(IRS Employer Identification No.)							
4	1514 Cole Avenue, Suite 1400, Dallas, Texas	75205							
	(Address of Principal Executive Offices)	(Zip Code)							
	(972) 241-4	080							
	(Registrant's Telephone Numbe	r, Including Area Code)							
	ck the appropriate box below if the Form 8-K filing is intended to single following provisions (<i>see</i> General Instruction A.2. below):	nultaneously satisfy the filing obligation of the registrant under any							
	Written communications pursuant to Rule 425 under the Securities A	Act (17 CFR 230.425)							
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act	(17 CFR 240.14a-12)							
	Pre-commencement communications pursuant to Rule 14d-2(b) und	er the Exchange Act (17 CFR 240.14d-2(b))							
	Pre-commencement communications pursuant to Rule 13e-4(c) under	er the Exchange Act (17 CFR 240.13e-4(c))							

Item 2.02. Results of Operations and Financial Condition

On May 10, 2012, Natural Health Trends Corp. issued an earnings release announcing its results for the quarter ended March 31, 2012. The press release is attached hereto as exhibit 99.1.

Item 9.01. Financial Statements and Exhibits

Press Release of Natural Health Trends Corp. dated May 10, 2012.

(a) Financial statements:

None

(b) Pro forma financial information:

None

(c) Shell company transactions:

None

(d) Exhibits

99.1 Press Release of Natural Health Trends Corp. dated May 10, 2012

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: May 10, 2012

NATURAL HEALTH TRENDS CORP.

By: /s/ Gary C. Wallace

Gary C. Wallace General Counsel

NATURAL HEALTH TRENDS ANNOUNCES FINANCIAL RESULTS

DALLAS, TX, May 10, 2012 -- Natural Health Trends Corp. (OTCQB: NHTC) today announced its financial results for the quarter ended March 31, 2012. The Company reported sales of \$9.1 million, up 75% over a year ago, and earnings per share of \$0.04 for the quarter, compared to losses per share of \$0.04 during the comparable period in 2011.

"We are pleased with the quarterly results and the growth that our business is experiencing," said Chris Sharng, President of Natural Health Trends. "This success can be attributed to the hard work and dedication of our field leaders and the fact that they are embracing the promotions, incentives and programs that we've put in place. We will build on our momentum with a robust calendar of exciting promotions and incentives geared toward attracting new members and rewarding those existing members for their hard work."

About Natural Health Trends Corp.

Natural Health Trends Corp. is an international direct-selling and e-commerce company operating through its subsidiaries throughout Asia, North America, and Europe. The company markets premium quality personal care products under the NHT Global brand. Additional information can be found on the company's website, www.naturalhealthtrendscorp.com.

Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995 -- Forward-looking statements in this release do not constitute guarantees of future performance. Such forward-looking statements are subject to risks and uncertainties that could cause our actual results to differ materially from those anticipated. Such risks and uncertainties include the risks and uncertainties detailed under the caption "Risk Factors" in our Annual Report on Form 10-K filed on March 27, 2012, with the Securities and Exchange Commission. We assume no obligation to update any forward-looking information contained in this press release or with respect to the announcements described herein.

NATURAL HEALTH TRENDS CORP.

CONSOLIDATED BALANCE SHEETS (In Thousands, Except Share Data)

		December 31, 2011		March 31, 2012	
			(Uı	naudited)	
ASSETS Current assets:					
Cash and cash equivalents	¢.	1 (17	Ф	2.750	
Restricted cash	\$	1,617 494	\$	2,758 248	
Accounts receivable		93		338	
Inventories, net		1,089		1,008	
Other current assets		537		646	
Total current assets		3,830		4,998	
Property and equipment, net		68		76	
Goodwill		1,764		1,764	
Restricted cash		220		225	
Other assets		241		241	
Total assets	\$	6,123	\$	7,304	
LIABILITIES AND STOCKHOLDERS' DEFICIT					
Current liabilities:					
Accounts payable	\$	2,208	\$	1,997	
Income taxes payable		11		22	
Accrued distributor commissions		1,177		1,271	
Other accrued expenses		1,471		1,788	
Deferred revenue		967		1,335	
Deferred tax liability		148		148	
Other current liabilities		950		974	
Total liabilities		6,932		7,535	
Commitments and contingencies					
Stockholders' deficit:					
Preferred stock		124		124	
Common stock		11		11	
Additional paid-in capital		80,493		80,513	
Accumulated deficit		(81,338)		(80,831)	
Accumulated other comprehensive loss:					
Foreign currency translation adjustments		(99)		(48)	
Total stockholders' deficit		(809)		(231)	
Total liabilities and stockholders' deficit	\$	6,123	\$	7,304	

NATURAL HEALTH TRENDS CORP.

CONSOLIDATED STATEMENTS OF OPERATIONS (UNAUDITED) (In Thousands, Except Per Share Data)

	Three Months Ended March 31,			
		2011		2012
Net sales	\$	5,175	\$	9,090
Cost of sales		1,529		2,399
Gross profit		3,646		6,691
Operating expenses:				
Distributor commissions		1,762		3,691
Selling, general and administrative expenses		2,030		2,437
Depreciation and amortization		232		12
Total operating expenses		4,024		6,140
Income (loss) from operations		(378)		551
Other expense, net		(95)		(63)
Income (loss) before income taxes		(473)		488
Income tax provision (benefit)		7		(19)
Net income (loss)		(480)		507
Less: Net income attributable to the noncontrolling interest		8		
Net income (loss) attributable to Natural Health Trends		(472)		507
Preferred stock dividends		(4)		(4)
Net income (loss) attributable to common stockholders of Natural Health Trends	\$	(476)	\$	503
Income (loss) per share of Natural Health Trends:				
Basic	\$	(0.04)	\$	0.05
Diluted	\$	(0.04)	\$	0.04
Weighted-average number of shares outstanding:				
Basic		10,635		10,863
Diluted		10,635		11,181

Contact:

Natural Health Trends Corp. investor.relations@nhtglobal.com

SOURCE: Natural Health Trends Corp.