## UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

### FORM 8-K

## CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): March 27, 2012

	Natural Health T	rends Corp.							
	(Exact Name of Registrant as	Specified in Its Charter)							
	Delawa	re							
(State or Other Jurisdiction of Incorporation)									
	0-26272	59-2705336							
	(Commission File Number)	(IRS Employer Identification No.)							
	2603 Oak Lawn Avenue, 5th Floor, Dallas, Texas	75219							
	(Address of Principal Executive Offices)	(Zip Code)							
	(972) 241-	4080							
	(Registrant's Telephone Numb	er, Including Area Code)							
	ck the appropriate box below if the Form 8-K filing is intended to simfollowing provisions ( <i>see</i> General Instruction A.2. below):	nultaneously satisfy the filing obligation of the registrant under any o							
	Written communications pursuant to Rule 425 under the Securities	Act (17 CFR 230.425)							
	Soliciting material pursuant to Rule 14a-12 under the Exchange Acc	t (17 CFR 240.14a-12)							
	Pre-commencement communications pursuant to Rule 14d-2(b) und	der the Exchange Act (17 CFR 240.14d-2(b))							
	Pre-commencement communications pursuant to Rule 13e-4(c) und	er the Exchange Act (17 CFR 240.13e-4(c))							

#### Item 2.02. Results of Operations and Financial Condition

On March 27, 2012, Natural Health Trends Corp. issued an earnings release announcing its results for the quarter and year ended December 31, 2011. The press release is attached hereto as exhibit 99.1.

#### Item 9.01. Financial Statements and Exhibits

Press Release of Natural Health Trends Corp. dated March 27, 2012.

(a) Financial statements:

None

(b) Pro forma financial information:

None

(c) Shell company transactions:

None

(d) Exhibits

99.1 Press Release of Natural Health Trends Corp. dated March 27, 2012

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: March 27, 2012

NATURAL HEALTH TRENDS CORP.

By: /s/ Gary C. Wallace

Gary C. Wallace General Counsel

#### NATURAL HEALTH TRENDS ANNOUNCES FINANCIAL RESULTS

**DALLAS, TX, March 27, 2012** -- Natural Health Trends Corp. (OTCQB: NHTC) today announced its financial results for the quarter ended December 31, 2011. The Company reported sales of \$8.2 million, up 33% over a year ago, and earnings per share of \$0.04 for the quarter, compared to losses per share of \$0.04 during the comparable period in 2010.

"Emphasis on leader training, services, incentives and promotions gives us strong momentum for 2012." said Chris Sharng, president of Natural Health Trends. "Our management is working with our leaders to ensure they take advantage of these incredible opportunities."

#### **About Natural Health Trends Corp.**

Natural Health Trends Corp. is an international direct-selling and e-commerce company operating through its subsidiaries throughout Asia, North America, and Europe. The company markets premium quality personal care products under the NHT Global brand. Additional information can be found on the company's website, www.naturalhealthtrendscorp.com.

Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995 -- Forward-looking statements in this release do not constitute guarantees of future performance. Such forward-looking statements are subject to risks and uncertainties that could cause our actual results to differ materially from those anticipated. Such risks and uncertainties include the risks and uncertainties detailed under the caption "Risk Factors" in our Annual Report on Form 10-K filed on March 27, 2012, with the Securities and Exchange Commission. We assume no obligation to update any forward-looking information contained in this press release or with respect to the announcements described herein.

# NATURAL HEALTH TRENDS CORP.

# CONSOLIDATED BALANCE SHEETS (In Thousands, Except Share Data)

	Dece	September 30, 2011 (Unaudited)		December 31, 2011		
ASSETS			(01	iauurieu)		
Current assets:						
Cash and cash equivalents	\$	648	\$	1,727	\$	1,617
Restricted cash		422		496		494
Accounts receivable		105		91		93
Inventories, net		751		1,105		1,089
Other current assets		639		576		537
Total current assets		2,565		3,995		3,830
Property and equipment, net		203		131		68
Goodwill		1,764		1,764		1,764
Intangible assets, net		200		_		_
Restricted cash		225		217		220
Other assets		406		237		241
Total assets	\$	5,363	\$	6,344	\$	6,123
LIABILITIES AND STOCKHOLDERS' DEFICIT						
Current liabilities:						
Accounts payable	\$	3,115	\$	2,452	\$	2,208
Income taxes payable	Ψ	330	Ψ	325	Ψ	2,200
Accrued distributor commissions		723		1.031		1.177
Other accrued expenses		1,792		1,086		1,471
Deferred revenue		1,029		1,458		967
Deferred tax liability		178		177		148
Advance from related party		4		123		_
Other current liabilities		1,013		1,046		950
Total liabilities		8,184		7,698		6,932
Commitments and contingencies		ĺ		,		, ,
Stockholders' deficit:						
Natural Health Trends stockholders' deficit:						
Preferred stock		124		124		124
Common stock		11		11		11
Additional paid-in capital		80,414		80,471		80,493
Accumulated deficit		(83,643)		(81,813)		(81,338)
Accumulated other comprehensive income (loss):						
Foreign currency translation adjustments		366		(39)		(99)
Total Natural Health Trends stockholders' deficit		(2,728)		(1,246)		(809)
Noncontrolling interest		(93)		(108)		
Total stockholders' deficit		(2,821)		(1,354)		(809)
Total liabilities and stockholders' deficit	\$	5,363	\$	6,344	\$	6,123

### NATURAL HEALTH TRENDS CORP.

# CONSOLIDATED STATEMENTS OF OPERATIONS (In Thousands, Except Per Share Data)

	Three Months Ended December 31,			Year Ended December 31,				
	2010 2011			2010			2011	
	(Unaudited)							
Mar and an	Φ.	C 100	Ф	0.217	Φ	22.576	ф	21.162
Net sales Cost of sales	\$	6,192	\$	8,217	\$	23,576	\$	31,162
	_	1,894	_	2,130		6,969	_	8,172
Gross profit		4,298		6,087		16,607		22,990
Operating expenses:		2.270		2.24.5		0.654		11.055
Distributor commissions		2,358		3,215		8,671		11,857
Selling, general and administrative expenses		2,216		2,573		9,802		9,052
Depreciation and amortization		246		17		1,213		298
Total operating expenses		4,820		5,805		19,686		21,207
Income (loss) from operations		(522)		282		(3,079)		1,783
Other income (expense), net:								
Gain (loss) on foreign exchange		103		(129)		524		226
Interest income		2		2		9		5
Interest expense		(7)		(2)		(18)		(16)
Other		(1)		117		68		129
Total other income (expense), net		97		(12)		583		344
Income (loss) before income taxes		(425)		270		(2,496)		2,127
Income tax benefit		(39)		(334)		(27)		(298)
Net income (loss)		(386)		604		(2,469)		2,425
Net (income) loss attributable to the noncontrolling interest		18		(129)		21		(120)
Net income (loss) attributable to Natural Health Trends		(368)		475		(2,448)		2,305
Preferred stock dividends		(4)	_	(4)		(16)		(16)
Net income (loss) attributable to common stockholders of								
Natural Health Trends	\$	(372)	\$	471	\$	(2,464)	\$	2,289
Language (Long) and Long (CN) and House III. Then to the charter of								
Income (loss) per share of Natural Health Trends – basic and diluted	\$	(0.04)	Ф	0.04	\$	(0.22)	¢.	0.21
difuted	Ф	(0.04)	\$	0.04	Ф	(0.23)	Ф	0.21
Weighted-average number of shares outstanding – basic		10,588		10,806		10,507		10,704
Weighted-average number of shares outstanding – diluted		10,588		11,074		10,507		10,825
		10,500	_	11,071	_	10,507	_	10,023

# **Contact:**

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 $SOURCE:\ Natural\ Health\ Trends\ Corp.$