

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT PURSUANT
TO SECTION 13 OR 15(D) OF THE
SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported):

January 19, 2012

Natural Health Trends Corp.

(Exact Name of Registrant as Specified in Its Charter)

Delaware

(State or Other Jurisdiction of Incorporation)

0-26272

(Commission File Number)

59-2705336

(IRS Employer Identification No.)

2050 Diplomat Drive, Dallas, Texas

(Address of Principal Executive Offices)

75234

(Zip Code)

(972) 241-4080

(Registrant's Telephone Number, Including Area Code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 2.02. Results of Operations and Financial Condition

On January 19, 2012, Natural Health Trends Corp. issued a press release announcing its estimated revenue for the quarter and year ended December 31, 2011. The press release is attached hereto as exhibit 99.1.

Item 9.01. Financial Statements and Exhibits

Press Release of Natural Health Trends Corp. dated January 19, 2012.

(a) Financial statements:

None

(b) Pro forma financial information:

None

(c) Shell company transactions:

None

(d) Exhibits

99.1 Press Release of Natural Health Trends Corp. dated January 19, 2012

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: January 19, 2012

NATURAL HEALTH TRENDS CORP.

By: /s/ Gary C. Wallace

Gary C. Wallace
General Counsel

NATURAL HEALTH TRENDS ANNOUNCES FOURTH QUARTER REVENUE ESTIMATE

DALLAS, TX, January 19, 2012 -- Natural Health Trends Corp. (Pink Sheets: NHTC) announced today that its estimated revenue for the quarter ended December 31, 2011 was \$8.2 million, a 32% increase over the comparable period a year ago. The Company also estimates that its deferred revenue, consisting of unshipped product and unamortized enrollment fees, at December 31, 2011 was \$1.0 million, compared to \$1.5 million at September 30, 2011. In the fourth quarter of 2010, revenue was \$6.2 million, with deferred revenue of \$1.0 million at December 31, 2010 and \$1.1 million at September 30, 2010. The increase year-on-year was largely due to the Hong Kong market.

For the full year of 2011, revenue is estimated at \$31.2 million, a 32% increase over 2010.

These results are preliminary and have not been reviewed or audited by the Company's independent accountants. Significant updates and revisions may be required before the release of our fourth quarter results in March.

Chris Sharnq, president of Natural Health Trends, said, "We believe that the strong momentum from our 10th anniversary celebrations will be carried into the Year of the Dragon. We have a year-round calendar of incentives, events and promotions planned for 2012 giving our members the best chance to succeed. We kicked off the year with a Macau Success Forum, attended by more than 1,000 people, in early January – and that's just the beginning. During the next three months we have exciting global incentive trips planned for Korea, Hawaii and Dubai as reward for our members' accomplishments and growth."

About Natural Health Trends Corp.

Natural Health Trends Corp. is an international direct-selling and e-commerce company operating through its subsidiaries throughout Asia, North America, and Europe. The company markets premium quality personal care products under the NHT Global brand. Additional information can be found on the company's website, www.naturalhealthtrends.com.

Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995 -- Forward-looking statements in this release do not constitute guarantees of future performance. Such forward-looking statements are subject to risks and uncertainties that could cause our actual results to differ materially from those anticipated. Such risks and uncertainties include the risks and uncertainties detailed under the caption "Risk Factors" in our Annual Report on Form 10-K filed on November 14, 2011, with the Securities and Exchange Commission.

We assume no obligation to update any forward-looking information contained in this press release or with respect to the announcements described herein.

Contact:

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SOURCE: Natural Health Trends Corp.