

# FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average burden hours per response...	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person Jane Eleanor Broady 2012 Irrevocable Trust			2. Issuer Name and Ticker or Trading Symbol NATURAL HEALTH TRENDS CORP [NHTC]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) _____ Other (specify below) _____		
(Last) 751 CANYON DRIVE, SUITE 100	(First) COPPELL, TX 75019	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/11/2012			6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person <input checked="" type="checkbox"/>		
(Street)	(City)	(State)	4. If Amendment, Date Original Filed (Month/Day/Year)					

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	06/11/2014		G		20,000	D	\$ 0	2,399,750	D	
Common Stock	09/03/2014		G		4,250	D	\$ 0	2,395,500	D	
Common Stock	09/29/2014		G		35,000	D	\$ 0	2,360,500	D	
Common Stock	11/18/2014		C		61,693	A	(1)	2,422,193	D	
Common Stock	12/03/2014		D		14,565	D	\$ 13.23	2,407,628	D	
Common Stock	02/18/2015		G		2,500	D	\$ 0	2,405,128	D	
Common Stock	04/14/2015		G		10,000	D	\$ 0	2,395,128	D	
Common Stock	05/20/2015		S		4,745	D	\$ 33	2,390,383	D	
Common Stock	05/21/2015		S		75,081	D	\$ 30.16	2,315,302	D	
Common Stock	05/21/2015		S		50,000	D	\$ 33.2	2,265,302	D	
Common Stock	05/22/2015		S		20,174	D	\$ 34.71	2,245,128	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Series A Convertible Stock	(1)	11/18/2014		C		61,693		(1)	(1)	Common Stock	61,693	\$ 0	0	D	

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Jane Eleanor Broady 2012 Irrevocable Trust 751 CANYON DRIVE, SUITE 100 COPPELL, TX 75019		X		
Steinbrunner Magdalena 751 CANYON DRIVE, SUITE 100 COPPELL, TX 75019		X		
Broady George Vincent 751 CANYON DRIVE, SUITE 100 COPPELL, TX 75019		X		
Broady John Marvin 751 CANYON DRIVE, SUITE 100 COPPELL, TX 75019		X		

## Signatures

/s/ Magdalena Steinbrunner, by power of attorney  
Signature of Reporting Person  
02/22/2016  
Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Conversion, exempt pursuant to Rule 16b-6, of Series A Convertible Preferred Stock into NHTC Common Stock on a 1-for-1 basis; the Series A Convertible Preferred Stock had no expiration date. The Series A Convertible Preferred Stock was subject to mandatory conversion because the average closing price of NHTC Common Stock over a consecutive 6-month period equaled or exceeded \$10.00 per share.

## Remarks:

Magdalena Steinbrunner, George Vincent Broady and John Marvin Broady are no longer subject to Section 16 but The Jane Eleanor Broady 2012 Irrevocable Trust remains subject to Section 16.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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