### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
DMB Number:	3235-0287				
Estimated average burden					
ours per respon	se 0.5				

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * BROADY GEORGE K			2. Issuer Name and Ticker or Trading Symbol NATURAL HEALTH TRENDS CORP [NHTC]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 3. Date of Earliest To 03/25/2013				ction (Month/Day/Year)								elow)
(Street)  4. If Amendment, Date Original Filed(Month/Day/Year)  OPPELL, TX 75019				6. Individual or Joint/Group Filing(Check Applicable Line)  X_ Form filed by One Reporting Person  Form filed by More than One Reporting Person								
e) (Zip)		Tal	la I. Nam	Danie			A					
ele of Security 2. Transaction 2A. Deemed 3. Transaction 4. Securities Acqui		quired of	aired 5. Amount of Securities			6. 7. Nature Ownership Form: Beneficial Direct (D) Ownership						
			Code	V	Amoun	(A) or (D)	Price	(I)		(I)	(Instr. 4)	
03/25/2013			P		22,481	A	1.24	2,643,30	)2		D	
03/28/2013			P		200			2,643,50	)2		D	
te line for each class o	securities be	eneficially o	owned dire	ctly or	r							
				conta	ained ii	n this fo	rm are	not req	uired to re	spond unl	ess	EC 1474 (9- 02)
Table			•		•			ly Owned	ĺ			
Exercise (Month/Day/Year) any		Transaction Code Instr. 8)	n of		and Expiration Date (Month/Day/Year)  Sec (In. 4)		Amo Unde Secu (Inst	ount of erlying urities rr. 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported	Ownership Form of Derivative Security: Direct (D) or Indirect	Ownership (Instr. 4)
				Date	cisable	Expiration	n Title	Amount or Number of				
	2. Transaction Date (Month/Day/Y)  03/25/2013  03/28/2013  te line for each class of Table insaction  Table Execution any	(Middle) 3. Date (03/25)  2. Transaction Date (Month/Day/Year) (Month)  03/25/2013  03/28/2013  Table II - Derivati (e.g., put insaction any large of th/Day/Year) (A. Deemed Execution Date in th/Day/Year) (a.g., put insaction any large of th/Day/Year) (A. Deemed Execution Date, if th/Day/Year) (A. Deamed Execution Date, if th/Day/Year)	NATURAL HE 3. Date of Earliest 03/25/2013  4. If Amendment,  2. Transaction Date (Month/Day/Year)  03/25/2013  2. 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Transaction Execution Date, if any (Month/Day/Year)  Code  V  03/25/2013  P  103/28/2013  P  103/28/2013  P  103/28/2013  P  104  105  105  106  107  107  108  108  109  109  109  109  109  109	NATURAL HEALTH TRENDS CO 3. Date of Earliest Transaction (Month/Day 03/25/2013  4. If Amendment, Date Original Filed(Mont Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. Transaction (Instr. 3)  Code (Instr. 8)  Code V Amoun  Persons wh contained in the form dis  Table II - Derivative Securities Acquired, Disposed of (e.g., puts, calls, warrants, options, convert th/Day/Year)  Transaction Date (Instr. 8)  Code (Instr. 8)  Persons wh contained in the form dis  Transaction Code (Instr. 8)  Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	NATURAL HEALTH TRENDS CORP [NE- SUITE 100   3. Date of Earliest Transaction (Month/Day/Year) 03/25/2013   4. If Amendment, Date Original Filed(Month/Day/Year) 2. Transaction Date (Month/Day/Year)   2.A. Deemed Execution Date, if (A) or (D) Execution Date, if (B) (A) or (B) (A) or (B)	NATURAL HEALTH TRENDS CORP [NHTC]  3. Date of Earliest Transaction (Month/Day/Year)  3. Date of Earliest Transaction (Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (A) or Disposed of (D) (Instr. 3, 4 and 5)  Code V Amount (D) Price  2. Transaction (A) or Disposed of (Instr. 3, 4 and 5)  Persons who respond to contained in this form are the form displays a curre  Table II - Derivative Securities Acquired, Disposed of, or Beneficial (e.g., puts, calls, warrants, options, convertible securities)  Transaction Code Derivative (Month/Day/Year)  3. Deemed Execution Date, if Code Code Code Contained in this form are the form displays a curre  Table II - Derivative Securities Acquired, Disposed of, or Beneficial (e.g., puts, calls, warrants, options, convertible securities)  Transaction Code Code Code Code Code Code Code Code	NATURAL HEALTH TRENDS CORP [NHTC]  3. Date of Earliest Transaction (Month/Day/Year)  3. Date of Earliest Transaction (Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  5. Table I - Non-Derivative Securities Acquired, Disposed of (A) or Disposed of (Instr. 8)  6. Individually Securities Acquired (A) or Disposed of (Instr. 8)  7. Code	NATURAL HEALTH TRENDS CORP [NHTC]  3. Date of Earliest Transaction (Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  5. Cap  Table I - Non-Derivative Securities Acquired, Disposed of, Or Individual or Joint/Ax. Form filed by More than Execution Date, if (Month/Day/Year)  Amendment, Date Original Filed(Month/Day/Year)  Table I - Non-Derivative Securities Acquired (A) or Disposed of (Instr. 8)  O3/25/2013  P 22,481 A \$ 1.24 2.643,302  O3/28/2013  P 200 A \$ 1.24 2.643,502  Table II - Derivative Securities Acquired (A) or Disposed of the form displays a currently valid OMB cord the form displays a currently valid OMB cord the form displays a currently valid OMB cord (A) or Disposed of (Instr. 8)  Table II - Derivative Securities Acquired, Disposed of, Or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, Or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, Or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired (Month/Day/Year)  A Disposed of Or Disposed Or Dispos	NATURAL HEALTH TRENDS CORP [NHTC]  (Check all applic (Check all applic Officer (give little below))  (ITTE 100   3. Date of Earliest Transaction (Month/Day/Year)   3. Date of Earliest Transaction (Month/Day/Year)   4. If Amendment, Date Original Filed(Month/Day/Year)   5. Important Form filed by More than One Reporting Person Form filed by More than One Reporting Form filed by More than One Reporting Person Form filed by More than One Reporting Person Form filed by More than One Reporting Form filed by More than One Form filed by More than One Form filed by M	NATURAL HEALTH TRENDS CORP [NHTC]  (Check all applicable)  (A porn filed to More Reporting Person  (Code (Instr. 3) + A and 5)  (Code (Chonth/Day/Year)  (C

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
BROADY GEORGE K						
751 CANYON DRIVE, SUITE 100	X	X				
COPPELL, TX 75019						

## **Signatures**

/s/ George K. Broady	04/09/2013
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

