

FORM 10-QSB
SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d)
OF THE SECURITIES EXCHANGE ACT OF 1934

For Quarter Ended September 30, 1999

OR

TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d)
OF THE SECURITIES EXCHANGE ACT OF 1934

For the transition period from to

Commission file number: 0-25238

NATURAL HEALTH TRENDS CORP.
(Exact Name of Small Business Issuer as Specified in its Charter)

Florida 59-2705336
State or other jurisdiction of (I.R.S. Employer
incorporation or organization Identification No.)

380 Lashley Street
Longmont, CO 80501

(Address of Principal Executive Office) (Zip Code)

(303) 682-4637
(Issuer's telephone number including area code)

Indicate by check mark whether the issuer (1) has filed
all reports required to be filed by Section 13 or 15(d) of
the Securities Exchange Act of
1934 during the preceding 12 months and (2)
has been subject to such filing
requirements for the past 90 days.

Yes No

The number of shares of issuer's Common Stock,
\$.001 par value, outstanding as of September
30, 1999 were 7,169,384 shares.

NATURAL HEALTH TRENDS CORP.

QUARTERLY PERIOD ENDED SEPTEMBER 30, 1999

INDEX

Page
Number

PART I - FINANCIAL INFORMATION

Item 1. Financial Statements	
Condensed Consolidated Balance Sheet	1
Condensed Consolidated Statements of Operations	2
Condensed Consolidated Statements of Cash Flows	3
Notes to Condensed Consolidated Financial Statements	4-5
Item 2. Management's Discussion and Analysis or Plan of Operation	6-9

PART II - OTHER INFORMATION

Item 1.	Legal Proceedings	10	
Item 2.	Changes in Securities and Use of Proceeds		10
Item 3.	Defaults Upon Senior Securities	10	
Item 4.	Submission of Matters to a Vote of Security Holders		10
Item 5.	Other Information	10	
Item 6.	Exhibits and Reports on Form 8-K		10

Signature 11

<TABLE>
<CAPTION>

NATURAL HEALTH TRENDS CORP.
CONSOLIDATED BALANCE SHEET

	September 30, 1999	December 31, 1998	
ASSETS			(Unaudited)
Current Assets			
<S>	<C>	<C>	
Cash	\$ 202,140	\$ 294,220	
Restricted cash	325,497	-	
Account receivables	529,513	19,331	
Inventory	1,108,180	314,367	
Due from affiliate	-	250,000	
Prepaid expenses and other current assets		130,834	3,370
	-----	-----	
Total Current Assets	2,296,164	881,288	
Property and Equipment, net	765,225	78,436	
Long Term Prepaids	592,525	498,125	
Capitalized Acquisition Costs	892,926	-	
Patents and Customer Lists	9,450,975	4,415,049	
Goodwill	1,891,772	829,468	
Deposits and Other Assets	106,456	150,350	
	-----	-----	
Total Assets	\$ 15,996,043	\$ 6,852,716	

LIABILITIES AND STOCKHOLDERS' EQUITY

Current Liabilities:

Checks written in excess of deposits	\$ 319,623	\$ -	
Accounts payable	4,020,861	1,685,313	
Accrued expenses	202,211	139,566	
Accrued bonus payable	786,175	-	
Accrued payroll payable	682,716	-	
Accrued expenses for discontinued operations		304,593	314,593
Notes payable	894,505	-	
Notes payable related parties	140,000	-	
Current portion of long term debt	-	314,684	
Accrued consulting contract	405,385	405,385	
Other current liabilities	411,919	38,481	
	-----	-----	
Total Current Liabilities	8,167,988	2,898,022	
Capital Lease Obligations, net of current portion		109,425	-
	-----	-----	
Total Liabilities	8,277,413	2,898,022	
Minority Interest in Consolidated Subsidiaries		(11,153)	-

Common Stock subject to Put 380,000 380,000

Stockholders' Equity:

Preferred stock	5,590,000	1,439,500	
Common stock	7,170	6,221	
Additional paid in capital	19,655,554	16,878,757	
Cumulative adjustments on foreign exchange		(30,553)	-
Accumulated deficit	(17,492,388)	(14,369,784)	
Common stock subject to put	(380,000)	(380,000)	

Total Stockholders' Equity	7,349,783	3,574,694
Total Liabilities and Stockholders' Equity	\$15,996,043	\$6,852,716

See Notes to Consolidated Financial Statements.

1

</TABLE>
<TABLE>
<CAPTION>

NATURAL HEALTH TRENDS CORP.
CONSOLIDATED STATEMENTS OF OPERATIONS

(Unaudited)

	Nine Months Ended September 30,	
	1999	1998
	<C>	<C>
Revenues	\$ 11,826,722	\$ 1,001,481
Cost of sales	2,573,642	283,206
Gross profit	9,253,080	718,275
Distributor commissions	5,647,646	-
Selling, general and administrative expenses	5,573,500	2,470,312
Operating loss	(1,968,066)	(1,752,037)
Minority interest in loss of subsidiaries	49,570	-
Gain (loss) on foreign exchange	2,512	-
Other expense	(352)	-
Interest (net)	(50,166)	(336,314)
Loss from continuing operations	(1,966,502)	(2,088,351)
Discontinued operations:		
Income (loss) from discontinued operations	-	(52,317)
Gain on disposal	-	614,407
Gain from discontinued operations	-	562,090
Loss before extraordinary gain (loss)	(1,966,502)	(1,526,261)
Extraordinary gain (loss) - forgiveness of debt	1,471	869,516
Net loss	(1,965,031)	(656,745)
Preferred stock dividends	1,157,573	-
Net loss to common shareholders	\$ (3,122,604)	\$ (656,745)
Basic and diluted loss per common share:		
Continuing operations	\$ (0.28)	\$ (0.74)
Discontinued operations	-	0.20
Extraordinary gain	-	0.31
Preferred stock dividend	(0.17)	-
Net loss to common shareholders	\$ (0.45)	\$ (0.23)
Basic and diluted weighted common shares used	6,979,308	2,828,559

See Notes to Consolidated Financial Statements.

2

</TABLE>
<TABLE>
<CAPTION>

NATURAL HEALTH TRENDS CORP.
CONSOLIDATED STATEMENTS OF CASH FLOWS

(Unaudited)

Nine Months Ended
September 30,

	1999	1998	
CASH FLOWS FROM OPERATING ACTIVITIES:			
<S>	<C>	<C>	
Net loss	\$ (1,965,031)	\$ (656,745)	
Adjustments to reconcile loss to net cash used in operating activities:			
Depreciation and amortization	478,524	513,401	
Interest settled by issuance of stock	(59,087)	112,971	
Write off of goodwill	-	322,219	
Gain on forgiveness of debt	(1,471)	-	
Proceeds from sale of discontinued operations	-	(1,783,333)	
Increase in income from allocation of minority interest	(11,153)	-	
Changes in assets and liabilities, net of business combination:			
(Increase) decrease in accounts receivable	(260,785)	1,960,917	
Decrease in inventories	66,151	590,084	
Increase in prepaid expenses	(181,743)	(329,837)	
(Increase) decrease in property and equipment	(1,644)	1,197,603	
Decrease in deposits and other assets	252,351	202,621	
Increase (decrease) in accounts payable and cash overdraft	622,590	(2,036,847)	
Increase (decrease) in accrued expenses	433,050	(410,054)	
Increase in deferred revenue	-	(1,089,647)	
Increase (decrease) in other current liabilities	342,885	(220,176)	
Decrease in accrued expenses for discontinued operations	(10,000)	(41,469)	
NET CASH USED IN OPERATING ACTIVITIES	(295,363)	(1,668,292)	
CASH FLOWS FROM INVESTING ACTIVITIES:			
Capital expenditures	(21,701)	(51,997)	
Business acquisitions	(880,939)	-	
Increase in cash overdraft	(729,943)	-	
Disposition of discontinued operations	-	4,132,106	
NET CASH PROVIDED BY (USED IN) INVESTING ACTIVITIES	(1,632,583)	4,080,109	
CASH FLOWS FROM FINANCING ACTIVITIES:			
Decrease in due to affiliate	250,000	-	
Increase in restricted cash	(200,497)	250,000	
Proceeds from preferred stock	1,201,015	5,283,000	
Redemption of preferred stock	-	(3,621,600)	
Cancellation of common stock	-	(96,197)	
Proceeds from notes payable and long-term debt	948,929	196,517	
Payments of notes payable and long-term debt	(363,581)	(3,506,695)	
NET CASH PROVIDED BY (USED IN) FINANCING ACTIVITIES	1,835,866	(1,494,975)	
NET INCREASE IN CASH	(92,080)	916,842	
CASH, BEGINNING OF PERIOD	294,220	104,784	
CASH, END OF PERIOD	\$ 202,140	\$ 1,021,626	

</TABLE>

NATURAL HEALTH TRENDS CORP.

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS

1. BASIS OF PRESENTATION

The accompanying unaudited condensed consolidated financial statements of Natural Health Trends Corp. (the "Company") have been prepared in accordance with generally accepted accounting principles for interim financial information and with instructions to Form 10-QSB and Article 10 of Regulation S-X. Accordingly, they do not include all of the information and footnotes required by generally accepted accounting principles for complete financial statements. In the opinion of management, all adjustments considered necessary for a fair presentation, (consisting of normal recurring accruals), of financial position and results of operations for the interim periods have been presented. The preparation of financial statements in conformity with generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates. Operating results for the three-month and nine month periods ended September 30, 1999 are not necessarily indicative of the results that may be expected for the full year. For further information, refer to the consolidated financial statements and footnotes thereto included in the Company's Annual report on Form 10-KSB for the year ended December 31, 1998.

Reclassifications

Certain prior period amounts have been reclassified to conform to the current period presentation.

2. ACQUISITIONS

In February 1999, the Company's newly formed wholly-owned subsidiary, Kaire Nutraceuticals, Inc., acquired substantially all of the assets (the "Kaire Assets") of Kaire International, Inc. ("Kaire"). In exchange for the Kaire Assets, the Company issued (i) to Kaire, \$2,800,000 aggregate stated value of Series F Preferred Stock; (ii) to two creditors of Kaire, \$350,000 aggregate stated value of Series G Preferred and (iii) to Kaire, five-year warrants to purchase 200,000 shares of the Company's common stock exercisable at \$4.06 per share. In addition, Kaire Nutraceuticals has agreed to make certain payments to Kaire each year for a period of five years (the "Kaire Payments") commencing with the year ending December 31, 1999, to be determined as follows:

- (i) 25% of the net income of Kaire Nutraceuticals if the net sales of Kaire Nutraceuticals in any such year are between \$1 and \$10,000,000;
- (ii) 33% of Kaire Nutraceuticals' net income if its net sales are between \$10,000,000 and \$15,000,000;
- (iii) 40% of Kaire Nutraceuticals' net income if its net sales are between \$15,000,000 and \$40,000,000; and
- (iv) 50% of Kaire Nutraceuticals' net income if its net sales are in excess of \$40,000,000.

4

The following schedule combines the unaudited pro forma results of operations of the Company and this acquisition for the nine-months ended September 30, 1999 and 1998 as if the acquisition had occurred on January 1, 1998 and includes such adjustments, which are directly attributable to the acquisition. It should not be considered indicative of the results that would have been achieved had the acquisition not occurred or the results that would have been obtained had the acquisition actually occurred on January 1, 1998.

	Nine Months Ended SEPTEMBER 30, 1999	Nine Months Ended SEPTEMBER 30, 1998
Net sales	\$ 11,827,000	\$ 21,441,000
Net loss	\$ 1,967,000	\$ 9,670,000

Preferred stock dividends	\$ 1,158,000	\$ --
Loss to common stockholders	\$ 3,123,000	\$ 9,670,000
Loss per share	\$ 0.45	\$ 3.42
Shares used in computation	6,979,308	2,828,559

ITEM 2. MANAGEMENT'S DISCUSSION AND ANALYSIS OR PLAN OF OPERATIONS

The following discussions should be read in conjunction with the condensed consolidated financial statements and notes contained in Item 1 hereof.

Forward Looking Statements

When used in Form 10-QSB and in future filings by the Company with the Securities and Exchange Commission, the words "will likely result", "the Company expects", "will continue", "is anticipated", "estimated", "projected", "outlook" or similar expressions are intended to identify "forward- looking statements" within the meaning of the Private Securities Litigation Act of 1995. The Company wishes to caution readers not to place undue reliance on such forward-looking statements, each of which speak only as of the date made. Such statements are subject to certain risks and uncertainties that could cause actual results to differ materially from historical earnings and those presently anticipated or projected. The Company has no obligation to publicly release the results of any revisions, which may be made to any forward-looking statements to reflect anticipated or unanticipated events or circumstances occurring after the date of such statements.

Overview

Prior to August 1997, the Company's operations consisted of the operations of Natural Health Care Centers, and vocational schools. Upon the acquisition of Global Health Alternatives, Inc. ("GHA") on July 23, 1997, the Company commenced marketing and distributing a line of natural, over-the-counter homeopathic pharmaceutical products. In February 1999, the Company formed a subsidiary, Kaire Nutraceuticals, Inc. ("KNI"), and acquired substantially all of the assets of Kaire International, Inc. and commenced marketing and distributing a line of natural, herbal based dietary supplements and personal care products through an established network marketing system. The Company discontinued the operations of the natural health care centers during the third quarter of 1997 and sold the vocational schools in August 1998. During most of the year ended December 1997, the Company's ongoing lines of business were not in operation, not having been acquired until July 1997 and February 1999, respectively.

NINE MONTHS ENDED SEPTEMBER 30, 1999 COMPARED TO THE NINE MONTHS ENDED SEPTEMBER 30,

1998

NET SALES. Net sales for nine months ended September 30, 1999 were approximately \$11,827,000 as compared to net sales for the nine months ended September 30, 1998 of approximately \$1,001,000, an increase of approximately \$10,826,000 or 1,081.5%. Sales for the nine months ended September 30, 1998 were primarily from GHA. The increase in sales is primarily attributable to KNI's sales of approximately \$11,065,000, which commenced February 19, 1999. GHA's revenues declined 23.9% during the nine months ended September 30, 1998 as compared to the nine months ended September 30, 1999 due to a change in the marketing approach used by the Company to a less capital intensive method.

COST OF GOODS SOLD. Cost of goods sold for the nine months ended September 30, 1999 was approximately \$2,574,000 or 21.8% of net sales. Cost of goods sold for the nine months ended September 30, 1998 was approximately \$283,000 or 28.3% of net sales. The total cost of goods

sold increased by approximately \$2,291,000 or 809.5%. The Company believes that the increase was primarily attributable to KNI and its related operations. The decrease in the cost of goods sold as a percentage of net sales is also attributable to the effect of KNI's sales due to the different pricing structure associated with KNI's sales distribution channel.

6

GROSS PROFIT. Gross profit increased from approximately \$718,000 in the nine months ended September 30, 1998 to approximately \$9,253,000 in the nine months ended September 30, 1999. The increase was approximately \$8,535,000 or 1,188.7%. The increase was attributable to KNI's sales.

COMMISSIONS. Associate commissions were approximately \$5,648,000 or 47.8% of net sales in the nine months ended September 30, 1999 attributable to KNI's direct marketing system.

SELLING, GENERAL AND ADMINISTRATIVE EXPENSES. Selling, general and administrative costs increased from approximately \$2,470,000 or 246.8% of sales in the nine months ended September 30, 1998 to approximately \$5,574,000 or 47.1% of sales in the nine months ended September 30, 1999, an increase of approximately \$3,104,000 or 125.7%. The increase in dollars and corresponding decrease as a percentage of sales is primarily attributable to KNI's operations.

LOSS FROM OPERATIONS. Operating losses increased from approximately \$1,752,000 in the nine months ended September 30, 1998 to approximately \$1,968,000 in the nine months ended September 30, 1999 representing a 12.3% increase in the loss or approximately \$216,000 between comparable periods. This increase is due to larger losses being incurred by GHA due to reduced revenues without a corresponding reduction in operating expenses.

MINORITY INTEREST. The loss offset of approximately \$50,000 in the nine months ended September 30, 1999 for minority interest is a reflection of the profitability of the Australia and New Zealand subsidiaries. KNI owns 51% of such subsidiaries.

GAIN ON FOREIGN EXCHANGE. As a part of the acquisition of KNI, the Company acquired interests in KNI's subsidiaries in Australia, New Zealand, Trinidad and Tobago and the United Kingdom. During the nine months ended September 30, 1999, the net gain realized on foreign exchange adjustments was approximately \$3,000.

OTHER EXPENSES. Other expenses of approximately \$336,000 or 33.6% of sales in the nine months ended September 30, 1998 declined to approximately \$51,000 or 0.4% of sales in the nine months ended September 30, 1999, a change of approximately \$285,000. This decrease is due primarily to a workout of various debts and payables of GHA resulting in an overall reduction in interest bearing liabilities.

INCOME TAXES. Income tax benefits were not reflected in either period. The anticipated benefits of utilizing net operating losses against future profits was not recognized in the nine months ended September 30, 1999 or the nine months ended September 30, 1998 under the provisions of Financial Standards Board Statement of Financial Accounting Standards No. 109 (Accounting for Income Taxes), utilizing its loss carryforwards as a component of income tax expense. A valuation allowance equal to the net deferred tax asset has not been recorded, as management of the Company has not been able to determine that it is more likely than not that the deferred tax assets will be realized.

NET LOSS FROM CONTINUING OPERATIONS. Net loss from continuing operations was approximately \$1,968,000 in the nine months ended September 30, 1999 or 16.6% of net sales as compared to approximately \$2,088,000 or 208.6% of net sales in the nine months ended September 30, 1998. Of the net loss from continuing operations, approximately \$1,322,000 was attributable to GHA's operations and approximately \$646,000 was attributable to KNI's operations.

DISCONTINUED OPERATIONS. In February 1998, the Company closed

the natural health care center in Pompano Beach, Florida. The anticipated gain on this discontinued operation was reflected in the nine months ended September 30, 1998.

GAIN ON FORGIVENESS OF DEBT. During the nine months ended September 30, 1999 and the nine months ended September 30, 1998, the Company realized a \$1,000 gain and a \$870,000 gain, respectively, on the workout of various debt and payables of GHA.

7

NET LOSS. Net loss was approximately \$1,965,000 in the nine months ended September 30, 1999 or 16.6% of net sales as compared to approximately \$657,000 net loss or 65.6% of net sales in the nine months ended September 30, 1998. The decrease as a percentage of net sales is primarily related to KNI's sales volume and a greater gross margin on KNI related sales.

LIQUIDITY AND CAPITAL RESOURCES:

The Company has funded its working capital and capital expenditure requirements primarily from cash provided through borrowings from institutions and individuals, and from the sale of its securities in private placements. The Company's other ongoing source of cash receipts has been from the sale of GHA's and KNI's products.

In February 1998, the Company issued \$300,000 face amount of Series B Preferred Stock, net of expenses of \$38,500. The Series B Preferred Stock has been converted into 541,330 shares of common stock.

In April 1998, the Company issued \$4,000,000 face amount of Series C Preferred Stock, net of expenses of \$493,000. From the proceeds raised, the Company paid \$2,500,000 to retire \$1,568,407 face value of Series A Preferred Stock outstanding. The Series C Preferred Stock has been converted into 3,608,296 shares of common stock.

In July 1998, the Company issued \$75,000 face amount of Series D Preferred Stock, which was redeemed in August 1998 for \$91,291.

In August 1998, the Company issued \$1,650,000 face amount of Series E Preferred Stock, net of expenses of \$211,000. The Series E Preferred Stock pays dividends of 10% per annum and is convertible into shares of common stock at the lower of the closing bid price on the date of issue or 75% of the market value of the common stock. During the three months ended September 30, 1999 \$610,000 face amount of Series E Preferred Stock was converted to 603,130 shares of the Company's common stock pursuant to the conversion rights.

In March and April 1999, the Company issued \$1,400,000 of Series H Preferred Stock. The Series H Preferred Stock pays dividends of 10% per annum and is convertible into shares of common stock at the lower of the closing bid price on the date of issue or 75% of the market value of the common stock.

In August 1998, the Company sold its three vocational schools and certain related businesses for \$1,778,333 and other consideration. From the proceeds from the sale of the schools, the Company paid \$1,030,309 to retire the remaining \$631,593 face value of Series A Preferred Stock outstanding, and \$91,291 to redeem all of the Series D Preferred Stock outstanding. The remaining proceeds were used to pay down notes payable.

At September 30, 1999, the Company's ratio of current assets to current liabilities was .28 to 1.0 and the Company had a working capital deficit of approximately \$5,872,000.

Cash used in operations for the period ended September 30, 1999 was approximately \$295,000 attributable primarily to the net loss of approximately \$1,965,000 and increases in inventories of approximately \$66,000 and other assets of \$252,000, offset by increases in accounts payable of approximately \$623,000, accrued expenses of approximately \$433,000, accounts receivable of approximately \$261,000, and prepaid expenses of approximately \$182,000. Cash used by investing activities during the period was approximately \$1,633,000, which primarily relates to the KNI acquisition and computer upgrades at KNI. Cash provided by financing activities during the period was approximately \$1,835,000, primarily from the issuance of preferred stock of approximately

\$1,201,000 and an increase in the notes payable of approximately \$585,000. Total cash decreased by approximately \$92,000 during the period.

8

The Company anticipates that further additional financing will be required to finance its continuing operations during the next twelve months, principally to fund KNI's operations. The Company has revised its business plan of marketing development and support for GHA's products, decreasing its emphasis on mass-market advertising. Instead, the Company plans to use its resources for the development of other less capital-intensive distribution channels. The Company believes that KNI will require approximately \$1,600,000, over the next twelve months and that GHA will not require any additional financing provided that GHA is successful in reaching satisfactory settlements with its creditors. As of September 30, 1999, GHA owed approximately \$2,057,000 to creditors and had a working capital deficit of \$1,895,000. In the event that the Company cannot reach satisfactory settlements with GHA's creditors, the Company may discontinue the operations of GHA. There can be no assurance that the Company will be able to achieve satisfactory settlements with its creditors or secure such additional financing. The Company's failure to achieve satisfactory settlements with its creditors or secure additional financing would have a material adverse effect on its business, prospects, financial conditions and results of operations.

YEAR 2000 ISSUE:

The Company is currently addressing a universal situation commonly referred to as the "Year 2000 Problem." Many currently installed computer operating systems and software products, as well as, embedded chips are coded to accept only two-digit entries to represent years in the date code field. This failure to properly recognize and process date-sensitive information relative to the Year 2000 and beyond could cause business disruptions or result in unreliable data. Computer systems and products that do not accommodate four-digit year entries will need to be upgraded or replaced to accept four digit year entries to distinguish years beginning with 2000 from prior years. The Company is in the process of becoming compliant with the Year 2000 requirements and believe that its management information systems will be compliant on a timely basis at an approximate cost of \$150,000. The Company currently does not anticipate that it will experience any material disruption to its operations as a result of the failure of its management information systems to be Year 2000 compliant. There can be no assurance, however, that computer systems operated by third parties, including customers, vendors, credit card transaction processors, and financial institutions, with which its management information system interface will continue to properly interface with its system and will otherwise be compliant on a timely basis with Year 2000 requirements. The Company currently is developing a plan to evaluate the Year 2000 compliance status of third parties with which its system interfaces. Any failure of the Company's management information system or the systems of third parties to timely achieve Year 2000 compliance could have a material adverse effect on its business, financial condition, and operating results.

9

PART II - OTHER INFORMATION

Item 1. Legal Proceedings

In August 1997 Samantha Haines brought an action in the Fifteenth Judicial Circuit of Palm Beach County, Florida, against the Company and National Health Care Centers of America, Inc., the Company's then wholly owned subsidiary. The complaint arises out of the defendant's alleged breach of contract in connection with the Company's natural health care center which was located in Boca Raton, Florida. The Company has agreed to settle such action for shares of common stock with a fair market value of \$325,000, but not less than 125,000 shares of common stock.

In September 1999 Command Financial Press Corp. commenced an action in the Supreme Court of the State of New York in New York City against the company

for unpaid invoices for printing services in the amount of \$65,000. The Company is defending the action.

Item 2. Changes in Securities and Use of Proceeds

None

Item 3. Defaults upon Senior Securities

None

Item 4. Submission of Matters to Vote of Security Holders

None

Item 5. Other Information

None

Item 6. Exhibits and Reports on Form 8-K

(a) Exhibits

None

(b) Reports on Form 8-K

None

10

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

NATURAL HEALTH TRENDS CORP.

By: /s/ Robert L. Richards

Robert L. Richards
President

By: /s/ Mark D. Woodburn

Mark D. Woodburn
Chief Financial Officer

Date: November 22, 1999

11

<TABLE> <S> <C>

<ARTICLE> 5

<LEGEND>

(Replace this text with the legend)

</LEGEND>

<CIK> 0000912061

<NAME> NATURAL HEALTH TRENDS, INC.

<MULTIPLIER> 1

<CURRENCY> U.S.DOLLARS

<S> <C>

<PERIOD-TYPE> 9-MOS

<FISCAL-YEAR-END> DEC-31-1999

<PERIOD-START> JAN-01-1999

<PERIOD-END> SEP-30-1999

<EXCHANGE-RATE> 1

<CASH> 202,140

<SECURITIES> 0

<RECEIVABLES> 531,513

<ALLOWANCES> 2,000

<INVENTORY> 1,108,180

<CURRENT-ASSETS> 2,296,164

<PP&E> 876,953

<DEPRECIATION> 111,728

<TOTAL-ASSETS> 15,996,043

<CURRENT-LIABILITIES> 8,167,988

<BONDS> 0

<PREFERRED-MANDATORY> 0

<PREFERRED> 5,590,000

<COMMON> 7,170

<OTHER-SE> 1,752,613

<TOTAL-LIABILITY-AND-EQUITY> 15,996,043

<SALES> 11,826,722

<TOTAL-REVENUES> 11,826,722

<CGS> 2,573,642

<TOTAL-COSTS> 11,221,146

<OTHER-EXPENSES> 0

<LOSS-PROVISION> 0

<INTEREST-EXPENSE> 50,166

<INCOME-PRETAX> (1,966,502)

<INCOME-TAX> 0

<INCOME-CONTINUING> (1,966,502)

<DISCONTINUED> 0

<EXTRAORDINARY> 1,471

<CHANGES> 0

<NET-INCOME> (1,965,031)

<EPS-BASIC> (0.45)

<EPS-DILUTED> (0.45)

</TABLE>