OMB APPROVAL

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 13G

Under the Securities Exchange Act of 1934 (Amendment No. 1)*

NATURAL HEALTH TRENDS CORP.

NATOKAL HEALTH TRENDS CORT.							
(Name of Issuer)							
Common Stock, par value \$0.001 per share							
(Title of Class of Securities)							
63888P406							
(CUSIP Number)							
December 31, 2008							
(Date of Event Which Requires Filing of this Statement)							
Check the appropriate box to designate the rule pursuant to which this Schedule is filed:							
□ Rule 13d-1(b)							
☑ Rule 13d-1(c)							
□ Rule 13d-1(d)							
* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.							
The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).							

CUSIP No.

63888P406

1	NAM	NAMES OF REPORTING PERSONS						
1	1 George Broady							
	IE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)							
2	(a) □							
	(b) □ SEC USE ONLY							
3	SEC USE ONL I							
	CITIZ	CITIZENSHIP OR PLACE OF ORGANIZATION						
4	4 USA							
		_	SOLE VOTING POWER					
NUMBE	R OF	5	1,080,062					
SHAR			SHARED VOTING POWER					
BENEFIC: OWNED		6						
EACH			SOLE DISPOSITIVE POWER					
REPORT PERSO		7	1,080,062					
WITH	Н:		SHARED DISPOSITIVE POWER					
		8	0					
	AGG	REGA	TE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON					
9	1,080,062							
	CHECK IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (SEE INSTRUCTIONS)							
10								
11	PERC	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)						
	9.97%							
12	TYPE OF REPORTING PERSON (SEE INSTRUCTIONS)							
1.4	IN							

SCHEDULE 13G/A

Item 1(a) Name of Issuer.

Natural Health Trends Corp.

Item 1(b) Address of Issuer's Principal Executive Offices.

2050 Diplomat Drive Dallas, Texas 75234

Item 2(a) Name of Person Filing.

George Broady

Item 2(b) Address of Principal Business Office.

751 Canyon Drive Coppell, Texas 75019

Item 2(c) Place of Organization.

Mr. Broady is a citizen of the United States.

Item 2(d) Title of Class of Securities.

Common Stock, par value \$0.001 per share

Item 2(e) CUSIP Number.

63888P406

Item 4 Ownership. (a) Amount Beneficially Owned: 1,080,062 (b) Percent of Class: 9.97% (c) Number of Shares As To Which the Person Has: (i) Sole Power to Vote or to Direct the Vote: 1,080,062 (ii) Shared Power to Vote or to Direct the Vote: 0									
1,080,062 (b) Percent of Class: 9.97% (c) Number of Shares As To Which the Person Has: (i) Sole Power to Vote or to Direct the Vote: 1,080,062 (ii) Shared Power to Vote or to Direct the Vote:									
(b) Percent of Class: 9.97% (c) Number of Shares As To Which the Person Has: (i) Sole Power to Vote or to Direct the Vote: 1,080,062 (ii) Shared Power to Vote or to Direct the Vote:	Amount Beneficially Owned:								
9.97% (c) Number of Shares As To Which the Person Has: (i) Sole Power to Vote or to Direct the Vote: 1,080,062 (ii) Shared Power to Vote or to Direct the Vote:									
 (c) Number of Shares As To Which the Person Has: (i) Sole Power to Vote or to Direct the Vote: 1,080,062 (ii) Shared Power to Vote or to Direct the Vote:) Percent of Class:								
 (i) Sole Power to Vote or to Direct the Vote: 1,080,062 (ii) Shared Power to Vote or to Direct the Vote: 									
1,080,062 (ii) Shared Power to Vote or to Direct the Vote:									
(ii) Shared Power to Vote or to Direct the Vote:									
0									
(iii) Sole Power to Dispose or to Direct the Disposition of:									
0									
(iv) Shared Power to Dispose or to Direct the Disposition of:									
0									
Item 5 Ownership of Five Percent or Less of a Class.									
Not Applicable									
Item 6 Ownership of More Than Five Percent on Behalf of Another Person.									
Not Applicable									
Item 7 Identification and Classification of the Subsidiary which Acquired the Security Being Reported On by the Parent Hold Company.	ling								
Not Applicable									
Item 8 Identification and Classification of Members of the Group.									
Not Applicable									

Item 3 If this statement is filed pursuant to Rules 13d-1(b), or 13d-2(b) or (c), check whether the person filing is a:

Item 9 Notice of Dissolution of Group.

Not Applicable

Item 10 Certification.

Not Applicable

SIGNATURE

After reasonable inquiry	and to the best of my	knowledge and beli	ef, I certify that the	information set forth	in this statement is true,
complete and correct.					

Date: February 13, 2009

By: \(\frac{\s\}{\text{Gary C. Wallace by Power of Attorney}}{\text{Name:}} \)

Title: