UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

February 14, 2018 Date of Report (Date of earliest event reported)

NATURAL HEALTH TRENDS CORP.

(Exact name of registrant as specified in its charter)

Delaware

(State or other jurisdiction of incorporation)

001-36849 (Commission File Number) 59-2705336 (IRS Employer Identification No.)

609 Deep Valley Drive, Suite 395, Rolling Hills Estates, California 90274 (Address of principal executive offices, including zip code)

(310) 541-0888

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

□ Emerging growth company

 \Box If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 2.02 Results of Operations and Financial Condition.

On February 14, 2018, Natural Health Trends Corp. issued an earnings release announcing its results for the quarter and year ended December 31, 2017. The press release is attached hereto as exhibit 99.1.

Item 9.01 Financial Statements and Exhibits.

- (d) Exhibits.
 - 99.1 Press Release of Natural Health Trends Corp. dated February 14, 2018

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: February 14, 2018

NATURAL HEALTH TRENDS CORP.

By: /s/ Timothy S. Davidson

Timothy S. Davidson Senior Vice President and Chief Financial Officer

Natural Health Trends Reports Fourth Quarter and Full Year 2017 Financial Results

- First sequential quarter increase in net sales since the second quarter of 2016
- Positive annual sales momentum in Southeast Asia, Europe and Japan
- Maintained strong annual gross profit and operating income margins
- Increased quarterly dividend 8% to \$0.13 per share

LOS ANGELES – February 14, 2018 – Natural Health Trends Corp. (NASDAQ: NHTC), a leading direct-selling and ecommerce company that markets premium quality personal care, wellness and "quality of life" products under the NHT Global brand, today announced its financial results for the fourth quarter and full year ended December 31, 2017.

Fourth Quarter 2017 Financial Highlights

- Total revenue of \$46.1 million decreased 26% compared to \$62.3 million in the fourth quarter of 2016, and increased 15% compared to \$40.1 million in the third quarter of 2017.
 - Revenue from the Company's Hong Kong operations, which represented 86% of total revenue, was \$39.6 million, a decrease of 29% compared to \$56.1 million in the fourth quarter of 2016, and an increase of 13% compared to \$35.0 million in the third quarter of 2017.
 - Revenue outside of Hong Kong of \$6.5 million increased 4% compared to \$6.2 million in the fourth quarter of 2016, and increased 27% compared to \$5.1 million in the third quarter of 2017.
- Operating income of \$8.7 million decreased 57% compared to \$20.0 million in the fourth quarter of 2016, and increased 2% compared to \$8.5 million in the third quarter of 2017.
- Income tax provision of \$13.3 million included a one-time net charge of \$12.5 million, or an impact of \$1.11 per diluted share, as a result of the Tax Cuts and Jobs Act of 2017 (the "Tax Act"). The one-time net charge is due to the repatriation tax on the deemed repatriation of foreign income and the re-measurement of net deferred tax assets.
- Net loss was \$4.5 million, or \$0.40 per diluted share, compared to net income of \$19.0 million, or \$1.70 per diluted share, in the fourth quarter of 2016, and net income of \$7.3 million, or \$0.65 per diluted share, in the third quarter of 2017. Excluding the estimated impact of the Tax Act, Non-GAAP earnings per diluted share were \$0.71 in the fourth quarter of 2017. Non-GAAP earnings per diluted share is defined below and is reconciled to earnings per diluted share in the table entitled "Reconciliation from earnings per diluted share to Non-GAAP earnings per diluted share."
- The number of Active Members¹ decreased 4% to 95,670 at December 31, 2017, compared to 99,690 at September 30, 2017, and decreased 20% compared to 118,960 at December 31, 2016.
- ¹ Natural Health Trends defines Active Members as those that have placed at least one product order with the Company during the preceding twelve month period.

Full Year 2017 Financial Highlights

- Total revenue of \$197.6 million decreased 31% compared to \$287.7 million in 2016.
- Operating income of \$43.1 million decreased 33% compared to \$64.1 million in 2016. As a percent of total revenue, operating income was 22%, consistent with 2016.
- Net income was \$23.6 million, or \$2.09 per diluted share, compared to \$55.1 million, or \$4.83 per diluted share, in 2016. Excluding the estimated impact of the Tax Act, Non-GAAP earnings per diluted share were \$3.20 for the full year of 2017.

Management Commentary

"While 2017 was a challenging year, we regained momentum in the fourth quarter with the first sequential quarter of sales growth since mid-2016," commented Chris Sharng, President of Natural Health Trends Corp. "The overall sales decline can be traced to factors beyond our control which hindered our members' ability to organize meetings and conduct business, including the G20 Summit in late 2016, the 20th Anniversary of Hong Kong's handover and China's Communist Party's 19th National Congress."

Mr. Sharng further commented, "We believe our ability to increase sales over the prior quarter was a result of the improvements we made to our commission plan, combined with a number of productive incentive trips and training programs held throughout the year. Additionally, we continued to gain traction in international markets such as Europe, Southeast Asia and Japan, which all grew sales over 2016. We have also worked hard to preserve our strong margin profile despite our top-line decline through diligent expense management that aligned our cost structure to current sales levels. As we look ahead to 2018, we believe our targeted training programs and promotions, opportunities for international expansion and new product introductions will translate into improved financial performance in the quarters to come."

Balance Sheet and Cash Flow

- Net cash provided by operating activities was \$11.3 million, compared to \$16.9 million in thefourth quarter of 2016. For the full year of 2017, net cash provided by operating activities was \$26.6 million, compared to \$53.2 million in 2016.
- On February 6, 2018, the Company's Board of Directors declared a quarterly cash dividend of \$0.13, which represents an 8% increase over the prior quarter dividend. The dividend will be payable on March 9, 2018 to stockholders of record as of February 27, 2018.

The Company expects to issue its 2017 audited financial results in March with its Annual Report on Form 10-K to be filed with the Securities and Exchange Commission. The financial results are preliminary and the accompanying financial statements have not been audited or have not yet been reviewed by the Company's independent accountants. Significant updates and revisions may be required before the release of the Company's 2017 audited financial results.

Use of Non-GAAP Financial Measure

The Company included in this release a non-GAAP financial measure, "Non-GAAP earnings per diluted share," which is derived by excluding the one-time net charge resulting from the Tax Act from the most directly comparable GAAP financial measure of "earnings per diluted share" for both the quarter and year ended December 31, 2017. Management's exclusion of the one-time net charge in calculating Non-GAAP earnings per diluted share is intended to facilitate a more useful period-to-period comparison of the Company's financial results and to provide additional information about the incremental impact of the Tax Act, namely the repatriation tax on the deemed repatriation of foreign income and the remeasurement of net deferred tax assets to which the Company was subject in the fourth quarter and year ended December 31, 2017. This non-GAAP financial measure is supplemental and should not be considered in isolation or as a substitute for the corresponding financial measure prepared in accordance with GAAP.

The Company's financial statements provided with this release include a reconciliation of Non-GAAP earnings per diluted share to earnings per diluted share.

Fourth Quarter and Full Year 2017 Financial Results Conference Call

Management will host a conference call to discuss the fourth quarter and full year 2017 financial results today, Wednesday, February 14, 2018 at 11:30 a.m. Eastern Time. The conference call details are as follows:

Date:	Wednesday, February 14, 2018
Time:	11:30 a.m. Eastern Time / 8:30 a.m. Pacific Time
Dial-in:	1-877-407-0789 (Domestic)
	1-201-689-8562 (International)
Conference ID:	13675025
Webcast:	http://public.viavid.com/index.php?id=127769

For those unable to participate during the live broadcast, a replay of the call will also be available from 2:30 p.m. Eastern Time on February 14, 2018 through 11:59 p.m. Eastern Time on February 28, 2018 by dialing 1-844-512-2921 (domestic) and 1-412-317-6671 (international) and referencing the replay pin number: 13675025.

About Natural Health Trends Corp.

Natural Health Trends Corp. (NASDAQ: NHTC) is an international direct-selling and e-commerce company operating through its subsidiaries throughout Asia, the Americas, and Europe. The Company markets premium quality personal care products under the NHT Global brand. Additional information can be found on the Company's website at www.naturalhealthtrendscorp.com.

Forward-Looking Statements

Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995 -- Forward-looking statements in this press release do not constitute guarantees of future performance. Such forward-looking statements are subject to risks and uncertainties that could cause the Company's actual results to differ materially from those anticipated. Such risks and uncertainties include the risks and uncertainties detailed under the caption "Risk Factors" in Natural Health Trends Corp.'s Annual Report on Form 10-K filed on March 10, 2017 with the Securities and Exchange Commission. The Company assumes no obligation to update any forward-looking information contained in this press release or with respect to the announcements described herein.

CONTACTS:

Company Contact: Scott Davidson Senior Vice President and Chief Financial Officer Natural Health Trends Corp. Tel: 310-541-0888 scott.davidson@nhtglobal.com

Investor Contact:

ADDO Investor Relations Tel: 310-829-5400 investor.relations@nhtglobal.com

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NATURAL HEALTH TRENDS CORP. CONSOLIDATED BALANCE SHEETS (In thousands)

	Decen	December 31, 2017		December 31, 2016		
	(Unaudited)					
ASSETS						
Current assets:						
Cash and cash equivalents	\$	135,311	\$	125,921		
Inventories		8,398		11,257		
Other current assets		7,534		4,066		
Total current assets		151,243		141,244		
Property and equipment, net		1,149		1,388		
Goodwill		1,764		1,764		
Restricted cash		3,167		2,963		
Deferred tax asset		1,435		—		
Other assets		796		692		
Total assets	\$	159,554	\$	148,051		
LIABILITIES AND STOCKHOLDERS' EQUITY						
Current liabilities:						
Accounts payable	\$	1,751	\$	2,145		
Income taxes payable		309		663		
Accrued commissions		11,170		13,611		
Other accrued expenses		7,605		14,989		
Deferred revenue		4,455		4,948		
Amounts held in eWallets		15,152		19,165		
Other current liabilities		1,479		1,633		
Total current liabilities		41,921		57,154		
Income taxes payable		19,052		_		
Deferred tax liability		56		268		
Long-term incentive		7,904		8,190		
Total liabilities		68,933		65,612		
Commitments and contingencies						
Stockholders' equity:						
Preferred stock						
Common stock		13		13		
Additional paid-in capital		86,683		86,574		
Retained earnings		44,908		38,548		
Accumulated other comprehensive loss		(413)		(807)		
Treasury stock, at cost		(40,570)		(41,889)		
Total stockholders' equity		90,621		82,439		
Total liabilities and stockholders' equity	\$	159,554	\$	148,051		

NATURAL HEALTH TRENDS CORP. CONSOLIDATED STATEMENTS OF OPERATIONS (In thousands, except per share data)

	Three Months Ended December 31,				Year Ended December 31,			
	2017 2016		2017		2016			
	(Unaudited)		(Unaudited)					
Net sales	\$	46,092	\$	62,312	\$	197,563	\$	287,728
Cost of sales		9,424		11,937		38,645		54,903
Gross profit		36,668		50,375		158,918		232,825
Operating expenses:								
Commissions expense		19,796		21,503		83,638		125,050
Selling, general and administrative expenses		8,064		8,740		31,685		43,245
Depreciation and amortization		122		118		536		394
Total operating expenses		27,982		30,361		115,859		168,689
Income from operations		8,686		20,014		43,059		64,136
Other income (expense), net		143		(99)		367		(59)
Income before income taxes		8,829		19,915		43,426		64,077
Income tax provision		13,317		867		19,848		8,991
Net income (loss)	\$	(4,488)	\$	19,048	\$	23,578	\$	55,086
Net income (loss) per common share:								
Basic	\$	(0.40)	\$	1.70	\$	2.10	\$	4.84
Diluted	\$	(0.40)	\$	1.70	\$	2.09	\$	4.83
Weighted-average number of common shares outstanding:								
Basic		11,272		11,219		11,251		11,382
Diluted		11,272		11,234		11,267		11,407
Cash dividends declared per common share	\$	0.27	\$	0.43	\$	1.52	\$	0.61

NATURAL HEALTH TRENDS CORP. CONSOLIDATED STATEMENTS OF CASH FLOWS (In thousands)

(Year Ended December 31,			
			Jecem		
	2017			2016	
	(L	Inaudited)			
CASH FLOWS FROM OPERATING ACTIVITIES:	•				
Net income	\$	23,578	\$	55,086	
Adjustments to reconcile net income to net cash provided by operating activities:					
Depreciation and amortization		536		394	
Stock-based compensation		35		104	
Cumulative translation adjustment realized in net income		(258)		132	
Deferred income taxes		(1,644)		217	
Changes in assets and liabilities:					
Inventories		2,843		(851)	
Other current assets		(3,399)		(1,681)	
Other assets		(61)		(90)	
Accounts payable		(392)		(714)	
Income taxes payable		18,676		303	
Accrued commissions		(2,417)		(6,031)	
Other accrued expenses		(6,033)		51	
Deferred revenue		(481)		947	
Amounts held in eWallets		(3,875)		2,752	
Other current liabilities		(179)		135	
Long-term incentive		(324)		2,420	
Net cash provided by operating activities		26,605		53,174	
CASH FLOWS FROM INVESTING ACTIVITIES:					
Purchases of property and equipment		(278)		(905)	
Net cash used in investing activities		(278)		(905)	
CASH FLOWS FROM FINANCING ACTIVITIES:		· · · · ·			
Repurchase of common stock		_		(23,704)	
Dividends paid		(17,218)		(6,891)	
Net cash used in financing activities		(17,218)		(30,595)	
Effect of exchange rates on cash and cash equivalents		281		(667)	
Net increase in cash and cash equivalents		9,390		21,007	
CASH AND CASH EQUIVALENTS, beginning of period		125,921		104,914	
CASH AND CASH EQUIVALENTS, end of period	\$	135,311	\$	125,921	
SUPPLEMENTAL DISCLOSURES OF OTHER CASH FLOW INFORMATION:	Ŧ	;	-	;-=1	
Cash paid for income taxes, net of refunds	\$	6,772	\$	8,791	
Issuance of treasury stock for employee awards, net	Ψ	1,393	Ψ	1,741	
issuance of neusary stock for employee awards, net		1,575		1,/71	

NATURAL HEALTH TRENDS CORP. RECONCILIATION FROM EARNINGS PER DILUTED SHARE TO NON-GAAP EARNINGS PER DILUTED SHARE

		ree Months Ended ecember 31, 2017	Year Ended December 31, 2017		
	(Unaudited)				
Net income (loss) per diluted share	\$	(0.40)	\$	2.09	
Exclude Tax Act one-time net charge per share		1.11		1.11	
Non-GAAP earnings per diluted share	\$	0.71	\$	3.20	

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