FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPI	ROVAL
DMB Number:	3235-0287
Estimated averag	e burden
ours per respon-	se 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

pe Response	es)															
	, .	erson *									HTC]		(Che	eck all applic	able)	er
TURAL HE					rliest	Trans	sactio	n (M	onth/Da	y/Year)						pelow)
	(Street)	~	4. If .	Amendm	nent,	Date	Origi	nal F	iled(Mon	th/Day/Yea	r)	_X_ Form file	ed by One Repo	rting Person	•	able Line)
	(State)	CA 90274 (Zip)			Tal	ole I -	Non-	Deri	vative S	ecuritie	s Acau					
Security		2. Transaction Date (Month/Day/Year)	Execu any	ition Dat	e, if	3. Tr	ransac		4. Secur (A) or I	rities Ac Disposed	quired of (D)	5. Amour Beneficia Reported	nt of Securit lly Owned I Transaction	ies Following	6. Ownership Form:	Beneficial
			(Mon	tn/Day/ Y	ear)	Co	ode	V	Amoun	(A) or (D)	Price	(Instr. 3 a	na 4)			
Stock		12/08/2015				S	S		5,421	D	\$ 47.35	2,734,46	54		I	See footnote (1)
Stock		12/09/2015				S	S		4,100	D	\$ 49.47	2,730,36	54		I	See footnote (1)
Stock		12/10/2015				S	S		12,330	D	\$ 49.49	2,718,03	34		I	See footnote (1)
Stock												599,057	<u>(1)</u>		D	
Report on a	separate line f	For each class of secu	ırities	beneficia	ally o	wned										
								cont	ained i	n this f	orm ar	e not req	uired to re	spond un	ess	EC 1474 (9- 02)
													l			
Conversion	Date	n 3A. Deemed Execution Da Year) any	nte, if	4. Transact Code	tion	5. Nu of Deriv Secur Acqu (A) o Dispo of (D (Instr	mber rative rities ired r osed)	6. D and	ate Exer Expirati	cisable on Date	7. T Am Und Sec	itle and ount of lerlying urities		Derivative Securities Beneficially Owned Following Reported	Owners Form of Derivate Security Direct (or Indirect)	ve Ownership (Instr. 4)
				Code	V	(A)	(D)				on Titl	or				
	nd Address of Y GEORG. TURAL HE 509 DEEP G HILLS I	and Address of Reporting Poy GEORGE K to (First) FURAL HEALTH TRI 509 DEEP VALLEY D (Street) G HILLS ESTATES, O (State) Security Stock Stock Stock Report on a separate line for Exercise Price of Derivative Date (Month/Day/	and Address of Reporting Person * Y GEORGE K (b) (First) (Middle) FURAL HEALTH TRENDS 609 DEEP VALLEY DRIVE, SUITE (Street) G HILLS ESTATES, CA 90274 (c) (State) (Zip) Security 2. Transaction Date (Month/Day/Year) A Stock 12/09/2015 A Stock 12/10/2015 A Stock 12/10/2015	and Address of Reporting Person 2 Y GEORGE K (b) (First) (Middle) TURAL HEALTH TRENDS 509 DEEP VALLEY DRIVE, SUITE (Street) (Street) (Street) (State) (Zip) Security 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Stock 12/09/2015 2. Stock 12/10/2015 2. Table II - Deriva (e.g., p) Table III - Deriva (e.g., p) 2. Transaction Date (Month/Day/Year) 3. Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Trable III - Deriva (e.g., p) 2. Table III - Deriva (e.g., p) 2. Table III - Deriva (e.g., p) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year)	and Address of Reporting Person ANATURAL (a) (First) (Middle) (Street) (A. If Amendre (Street) (Zip) Security (State) (Zip) Security (State) (Zip) Security (State) (Zip) Security (A. If Amendre Execution Date (Month/Day/Year) (Month/Day/Year) Stock (12/08/2015 Stock (12/09/2015 Stock (12/10/2015 Stock (12/10/2015 Table II - Derivative Section Date (Month/Day/Year) Conversion or Exercise Price of Derivative Security Security (Month/Day/Year) Security (Month/Day/Year) Security (Month/Day/Year) Security (Middle) 12/08/2015 Security (A. If Amendre Execution Date (Execution Date in Transac Code (Instr. 8)	And Address of Reporting Person — (Middle) (Middle) (Middle) (Street) (Middle) (Street) (Street) (Street) (Street) (Street) (Street) (A. If Amendment, and the Address of Security (Month/Day/Year) (Month/Day/Yea	And Address of Reporting Person 2 (Middle) (TURAL HEALTH TRENDS 509 DEEP VALLEY DRIVE, SUITE (Street) (Street) (State) (Zip) (Zip) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instrument) (Instrument) (Instrument) (Instrument) (Instrument) (Instrument) (Instrument) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instrument) (Month/Day/Year) (Month/Da	2. Issuer Name and Ticker NATURAL HEALTH T (Middle) (Middle) (TURAL HEALTH TRENDS 509 DEEP VALLEY DRIVE, SUITE (Street) 4. If Amendment, Date Origin (Month/Day/Year) 4. If Amendment, Date Origin (Month/Day/Year) 5. Table I - Non-Security 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 6. Stock 12/08/2015 8. Stock 12/09/2015 8. Stock 12/10/2015 8. Stock 12/10/2015 8. Stock 12/10/2015 8. Stock 12/10/2015 9. Stock 12/10	Address of Reporting Person Price of Price of Derivative Security 2. Issuer Name and Ticker or Tr NATURAL HEALTH TRENDS 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date Original From Date (Month/Day/Year) 5. Security 2. Transaction Date (Month/Day/Year) 5. Security 2. Transaction Date (Month/Day/Year) 6. Stock 12/08/2015 2. Stock 12/08/2015 2. Stock 12/09/2015 2. Stock 12/10/2015 3. Transaction Scourities beneficially owned directly on the factor of	Address of Reporting Person * Y GEORGE K Of Georgia (Middle) FURAL HEALTH TRENDS GO9 DEEP VALLEY DRIVE, SUITE (Street) G HILLS ESTATES, CA 90274 (State) 2. Transaction Date (Month/Day/Year) Code V Amoun Stock 12/08/2015 Stock 12/09/2015 Stock 12/10/2015 Stock 12/10/2015 Stock 12/10/2015 Stock 12/10/2015 S 12,330 Conversion of Exercise (Month/Day/Year) Date (Code (Month/Day/Year) Stock 12/10/2015 S 12,330 Code Table I - Non-Derivative S (A) or I (Instr. 8) Code V Amoun Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3) (Month/Day/Year) Scurity Code Table II - Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3) (Month/Day/Year) Date (Exercise Price of Derivative Securities S	Address of Reporting Person Address of Reporting Person Security GEORGE K (Middle) (TURAL HEALTH TRENDS GOY DEEP VALLEY DRIVE, SUITE (Street) (A) If Amendment, Date Original Filed(Month/Day/Year) (A) or Date (Instr. 8) (Month/Day/Year) (A) or Disposed (Instr. 8) (Stock 12/08/2015 S	Ad Address of Reporting Person.* Y GEORGE K Y GEORGE K ONATURAL HEALTH TRENDS CORP [NHTC] Ode (Inst. 8) Onate (I	Address of Reporting Person 2 GEREAL HEALTH TRENDS GIVEND GEREAL HEALTH TRENDS GOUNTEE GEREAL HEALTH TRENDS GOUNTEE GEREAL HEALTH TRENDS GOUNTEE GEREAL GERE	Address of Reporting Person ** Y GEORGE K Y GEORGE K OMATURAL HEALTH TRENDS CORP [NHTC] 3. Date of Earliest Transaction (Month/Day/Year) 12/08/2015 4. If Amendment, Date Original Filed(Month/Day/Year) 12/08/2015 13/08/2015	Address of Reporting Person.* V GENGE K V Amount G D Price V ALLEY DRIVE, SUITE 12/08/2015 Security 12. Transaction Date (Month/Day/Vear) (Month/Day/Vear) (Month/Day/Vear) (Month/Day/Vear) (Month/Day/Vear) Security 12. Transaction Code V Amount G D Price V Amount G D Price V Amount G D Price V Amount G D Persons who respond to the collection of information contained in this form are net required to respond unline for Exercise (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Following (Instr. 8) (Instr. 8) (Instr. 8) (Instr. 3) (Instr. 4) (Instr. 4) (Instr. 3) (Instr. 3) (Instr. 3) (Instr. 4) (Instr. 4) (Instr. 4) (Instr. 4) (Instr. 4) (Instr. 3) (Instr. 3) (Instr. 3) (Instr. 4) (2. Issuer Name and Ticker or Trading Symbol State Check all applicable State Chec

Reporting Owners

Bernatina Orana Nama / Add		Relationsh	ips	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
BROADY GEORGE K				
C/O NATURAL HEALTH TRENDS CORP.	X	X		
609 DEEP VALLEY DRIVE, SUITE 395	Λ	Λ		
ROLLING HILLS ESTATES, CA 90274				

Signatures

/s/ Timothy S. Davidson by Power of Attorney	12/10/2015
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) It has come to the attention of the reporting person that prior filings have incorrectly disclosed the allocation of ownership of shares between George K. Broady, the George K. Broady 2012 Irrevocable Trust and another family trust. It is expected that appropriate correcting filings will be made in due course.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.